



TIANJIN PLUS
Your guide to the City



2010.03



Danish Family in Tianjin ²⁰

Meet the Dyxenburgs

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Tianjin Is Happening Now!



Letter to the Editor

Dear Editor,

When I first arrived in Tianjin, I didn't know where to go or what to eat. I thought my world was ending but then a bright light appeared and that led me to my savior known as Tianjin Plus Magazine. Now I'm back on track with the confidence and knowledge to take on the world! Thanks TJ+!

Chad Springer

I would just like to leave a quick note. Thanks for covering life in Tianjin for all: families, students, couples, etc. I love the fact that your magazine doesn't have articles for one audience but truly for the entire expatriate community. Keep up the good work!

Sandra Stuart

Dear Readers,

Tianjin Plus wants to hear your thoughts! Write about your life in China and your opinion on Tianjin Plus to get the chance to win

two free tickets
of Shakespeare's masterpiece

Macbeth, which will be performed on 16 March 2010 at Binhu Theatre.

Editor, Tianjin Plus



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Crosswords

MON	TUE	WED	THU	FRI	SAT	SUN
<p>Central National Orchestra Lantern Festival Concert 🏠 Tianjin Concert Hall 🕒 19:30 ¥ 580/380/280/180/120/60 ☎ +86 22 2777 8571 +86 22 2730 7780</p>	<p>TICC Coffee Mornings ← 🏠 Sheraton Hotel Tianjin</p> 				<p>TICC Trip to Beijing 🏠 Ikea & Ya Show Market</p>	<p>Mahler Symphony Number 1 🏠 Tianjin Concert Hall 🕒 19:30 ¥ 580/380/280/180/60 ☎ +86 22 2777 8571 +86 22 2730 7780</p>
<p>International Women's Day Gala Concert ← 🏠 Tianjin Concert Hall 🕒 19:30 ¥ 60/120/180/280/380/580 ☎ +86 22 2777 8571 +86 22 2730 7780</p> 			<p>Da Zhu Xiao Zhu Luo Yu Pan, Master of Chinese lute Wu Yuxia 🏠 Tianjin Concert Hall 🕒 19:30 ¥ 500/380/280/180/100/50 ☎ +86 22 2777 8571 +86 22 2730 7780</p>		<p>Recollection of Chopin -Ramzi Yassa's Piano Solo Concert 🏠 Tianjin Concert Hall 🕒 19:30 ¥ 500, 380, 280, 180, 100, 50 ☎ +86 22 2777 8571 +86 22 2730 7780</p>	
 <p>MacBeth 🏠 Tianjin Binhu Theatre 🕒 19:30 ¥ 300/200/150/100/80/60</p>						
		<p>TICC Monthly Lunch 🏠 TBD</p>	<p>2010 Black & White Charity Ball 🏠 The Westin Tianjin 🕒 19:00 ¥ 500</p>			<p>Special Days</p> <ul style="list-style-type: none"> Mar.8 Women's Day Mar.5 jīng zhé (Insects Awaken) Mar.12 China Arbor Day Mar.15 International Day for Consumers' Rights and Interests Mar.17 Dragon Heads-Raising Day (2 Feb of Lunar Calendar) Mar.21 chūn fēn (Vernal Equinox)



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Foreign Women in Tianjin

Celebrating the International Women's Day is a way of showing deep respect for women's achievements throughout history, as women have overcome centuries of oppression and intellectual disregard. Tianjin has a considerable number of foreign women who have left the security of their homes, pack their bags and come to China. Easy task? Not at all, especially when you have children and are looking for the very best in education. Aren't these women great? They provide a safe home for their families, are a pillar for their children, are loving wives, take care of a house, and often work, too. Western women do the same, but without the barrier of living daily in the unknown with a language that can't be learnt in a mere few months. Yes, these women are definitely great! They came to Tianjin, they saw and they conquered!

Nato Deuti

Nationality – Georgian
 Household – 3
 (husband, daughter, and herself)
 Job – English Teacher
 Time of stay in Tianjin - 2 years

How was adapting to Tianjin? It was easier than I thought. Before living in Tianjin I lived in Wuxi for one year. It was my first time in China and I didn't know anybody there, also the city itself didn't have any character, so the adapting process was harder. In Tianjin from the very beginning I felt at home. Maybe it was the whole atmosphere, city with a blue sky, extremely warm and helpful staff in the hotel, design of the hotel building, I don't even know what the real reason was but it was quite of a difference. Even if I didn't have friends at the beginning, I did not feel lonely.

Was it easy to find a new job? Back in Georgia, I worked as an English teacher for ten years. In Wuxi I was teaching Sheraton's local staff voluntarily. Here in Tianjin I worked for one term at Rego International School as a full-time ESL teacher. And after that I started tutoring foreign ladies and some Korean students whose level of English was not satisfactory to join the mainstream groups at school. At the moment I'm teaching privately only 3 adult groups of ladies and enjoying it very much.

How did you handle your free time after the settlement process? Initially I was very into Pilates. I learn Chinese, on a very relaxed basis, and I love to play guitar, so I found a guitar teacher whom I meet once a week.

Raising a foreign child in China adds difficulties to the role of a parent? Fortunately in my case, it doesn't. My daughter goes to a very good international school, and at home we're very close. I'm very attentive to her needs. I don't believe China could influence negatively this aspect.

How do you spend weekends? Weekends are our family time. My husband is always very busy so on weekends we usually enjoy a long lazy breakfast together. We play different games, mostly Lego. Every now and then we visit a park.

Why should foreign working or non-working women be celebrated in town? For the amazing charity work they do. It's quite admirable. And some have very busy lives and they still have to manage work, family, house, etc.

Is the feeling of accomplishment possible to accomplish in Tianjin? I think it all depends on how you perceive life. If you're a negative person, good things won't probably happen, and if you're a positive person, you can succeed here or in any other part of the globe. It's not about the place, but about the person.



Kathrin Diefenbacher

Nationality – German
Household – 2 (husband and herself – 2 sons in Germany)
Job – Honorary teacher, Goethe Sprachlernzentrum at the Tianjin Foreign Studies University
Time of stay in Tianjin – 10 months



How was adapting to Tianjin? I've been living in Tianjin for about 10 months. I've adapted well; it wasn't easy for a while but one can live here fine.

Was it easy to find a new job? It wasn't easy because I found that we needed working permission; that's when I decided just to help students of the Goethe Institute to practice their verbal skills. This allows me to have contact with many local people.

Is it harder to conciliate professional Kathrin with personal Kathrin than it would be in your country? Of course it is easier in our home country because one knows everything there, the surroundings, the language; everything is more comfortable.

How did you handle your free time after the settlement process? It is a little difficult to have

many activities because the cultural differences are big and one can do only a few things, culturally speaking. Most of the movies and plays are only in Chinese; sometimes the only possible access to the European circle is through TICC and the activities they organize.

How do you spend weekends? On weekends we have a very nice breakfast, the same way we like in our country. After that, sometimes we go for a massage or take a walk in a park. During the evenings, we have dinner or go out somewhere; we try different restaurants and food styles. I particularly like teppanyaki! Sometimes we also go to Beijing or go to a specific play in the theatre.

What kind of social activities do you engage in that make a difference in society? I meet regularly with two students of the Goethe Institute, in order to practice the language and to share with them experiences of life in Germany. I answer their questions and explain many details about my culture; in exchange I also learn a lot about China.

Is the feeling of accomplishment possible to accomplish in Tianjin? There are things that give you this feeling and others not so much. I'm satisfied to see many people wanting to learn/know more about Germany, right here in Tianjin.



Teresa Key Hasty

Nationality – American
Household – 2
(husband and herself
– 4 daughters and
10 grandchildren in the US)
Job – Quality Engineer



What adjustments did you have to make while in TEDA? Of course, the language and the food, and being away from my grandchildren and children. I think I knew I could "do China" the first time I took the bullet train to Beijing and back by myself. I can do this! I'm also amazed by how much the young work force really wants to learn. At first, they were intimidated by me because my Chinese was non-existent and their English is not so good but as we became comfortable together, they practice their English with me. It's quite adventurous living on your own in China. For the most part I'm by myself but I also have friends and my hotel family.

What are your interests and activities here in China? Shopping! Going to Pan Jia Yuan and the Silk Market. I go back and forth Beijing quite a bit. I don't do a lot locally. I know all the expat bars but I don't do a lot of that.

What do you enjoy doing in TEDA? I like meeting friends for coffee and drinks. I like walking around just taking in the sights and smells. I like going to Yang Huo and the walking street. A lot of this past year has been about becoming comfortable with being alone. I had my first child when I was 16 so I have never been alone in my adult life.

What are the challenges and joys of being in China? I've had a lot less obstacles than I thought I would. I lost my Blackberry in Beijing and the cab driver gave it back to me and would not accept a reward for it. Little things like this that shows how honest people are. I love China. It's my turn to have an adventure. I lived in Florida once for 18 months but apart from that, I've never been out of Texas until I here.

What is your biggest sense of accomplishment here in China? Becoming comfortable with the culture. Being able to get around. Getting in a taxi and saying, "Take me here."



Going to the grocery store and being able to get ground beef through sign language. Learning to communicate even if you don't speak the language. There's no place I can go and blend in but it's okay.

You work in a highly male-dominated field. How has that been for you? For a long time I was the only woman in the company. I think because I have a lot of sisters, I was probably raised to be the closest thing to a boy that my dad had. I'm not intimidated by the men. As long as you know what you're doing and you're not just there because they had a quota to fill of so many women because that wasn't the case.

Shannon Anderson

Nationality – American
 Household – 5 (husband, 3 sons and herself)
 Job – Teacher
 Time of stay in TEDA – 2 years

What kind of adjustments did you have to make in TEDA? It's just not having everything at your fingertips. When my mother in law came to visit, we had to go to five different stores just to make one meal from the US. That part is exhausting. The language is also the huge thing you have to overcome. When I first got here and had time on my hands, I went to a Chinese class. I went five days a week for three hours a day and it was the best thing I ever did because then I could communicate.



What are your activities here in TEDA? Our children are in the after school activities where they play a lot of soccer, basketball and other sports. For socials we have our bible study on Wednesday night and meet for Church congregation on Sunday. We have cooking classes over at our house once every three months. We also work-out. We meet with the ladies for coffee and play mah-jong. It's a lot of fun just to get together. As you go through your time here in China, you need to find certain things and the ladies say, "Oh you have to go to this place and you have to go there to find this," or "I'll show you after where to go so you know where to get it." It's great camaraderie! What's so unique about TEDA is that it's got a community of expats that's very centralized. We all meet at the school and we have activities after school and that flows into the weekends. So it's a great small community type of life.

Have you always been in active leadership roles in the community? I've always been in leadership roles throughout my entire life. I guess it's just who I am. I just jump in and take charge. If there's something that needs to be done then I'm there to make it happen or to make it materialize. When you're here in China, with your faith and your children's education, it's all the more on your shoulders. You need to follow up on and be in charge of their education and their faith. What they believe in is very much only going to happen through you. So you need to take a leadership role to make sure these are happening in your family's lives. It's so important to share it with other families as well.

What have been some of the challenges you had here and how did you overcome them? Our two oldest children are picky eaters so finding food that they enjoy without ordering as much fast food as possible is the biggest challenge. They'll try the Chinese food but they want something that tastes more like what we have back home. So they wouldn't eat anything for a while. Our baby who was only one year when we got here, eats all the jiaozi and baozi and everything. But the older two are more challenging. To overcome this, we have a special cook from Tianjin City who helps us every week and cooks for us.

What is the greatest sense of accomplishment that you've had here in China? I think it's exposing the boys to a globalized community and where we are travelling the world going to countries like Malaysia and Australia. We're opening up the whole world to these children, making them aware that it's bigger than just little Texas. It's really opened and broadened their minds and hopefully it will impact them in the future. Hopefully they'll get a job where they'll travel more than just staying with closed minds with things they've always known.



Marilyn Gelvin

Nationality – American
 Job – Director of Studies, English First
 Time of stay in Tianjin – 2 ½ years



How was adapting to Tianjin? I like the friendly people here, but it was difficult connecting with other women my age because I don't speak Chinese and my working hours (working nights and weekends) don't allow a lot of networking. Fortunately, a friend of a friend introduced me to a group in Beijing, the Tuesday Trotters, with whom I can socialize. Other than that, I miss the colours blue and green!!! This is a very gray city. The pollution is not pleasant either.

Was it easy to find a new job? I came specifically to do this job.

Is it harder to conciliate professional Marilyn with personal Marilyn than it would be in your country? If this means has it been easy to do business the same way as I did in the West, I would have to say the cultural differences are often frustrating. Making myself understood still eludes me at times.

What were the biggest sacrifices you had to make that made you stronger, in Tianjin? Leaving behind my family; it is still hard.

Why should foreign working or non-working women be celebrated in town? I think women are an integral part of any society and foreign women have just as much to give as foreign men. In teaching English, one also has to teach the culture of English speaking countries. A male only view would be lopsided.

Do you have here the same kind of social involvement as back home? It takes so much effort here to maintain a social life. I have a more

particular situation with my working hours, so I don't meet a lot of people here. When I go out, it is usually to eat, although I have enjoyed riding my bike around the city. There is not a lot to do here.

What kind of social activities do you engage in that make a difference in society? I used to do volunteering and I would like to get involved in something like that here. I was very involved with my church before, but once again working on Sundays doesn't really allow me to do that now. I think the interaction with my students is my biggest contribution to the local society. My whole idea of work is to mentor and give away all the experience and knowledge I have acquired over the years. I think I do a good job training teachers.



Rhonda Procure

Nationality – Canadian
Job – Teacher
Time of stay in Tianjin – 2 ½ years

How was adapting to Tianjin? Adapting to Tianjin was really easy for me. I moved to Tianjin from another smaller city in Jiangsu province. Moving from a city with very few foreigners and western amenities made Tianjin seem like a great place to live.

Was it easy to find a new job? The first time I travelled to Tianjin was with a friend, we both came to have interviews at different schools. We went our separate ways, had our interviews and rendezvous at her new place of employment. Her new manager was very nice and took us both out for coffee. After coffee I was also offered a job, which I accepted.

What were the biggest sacrifices you had to make that made you stronger, in Tianjin? The biggest sacrifice I had to make was being away from my family. I'm very close to my family, it makes me appreciate the time we spent together and will spend in the future. Being away from my comfort zone has made me grow as a person and I have done things I would have never done in Canada.

Why should foreign working or non-working women be celebrated in town? I feel all women should be



celebrated on account of what women in history have overcome. However, if I have learned anything from living in China, it's not all cultures are the same and not all women are as lucky.

Do you have here the same kind of social involvement as back home? Unfortunately, I do not have the same social involvement as back home. I have made both female and male friends that I know I will always stay in touch with no matter where we are in the world. However, for various reasons it's just not the same as back home.

What kind of social activities do you engage in that make a difference in society? I tend to work a lot and some people may say I'm a workaholic. But I love my job as a teacher and because I work at an International school, I spend a lot of my time trying to make my students feel comfortable in this foreign environment.



Tatiana Baker

Nationality – Colombian
Household – 3 (husband, son, and herself)
Time of stay in China – 4 years



How was adapting to Tianjin? Adapting to Tianjin wasn't too hard because we live in a compound where we have many foreign families. On the other hand, it was difficult due to the language barrier. But then I met people from my country, even from my hometown!

How did you handle your free time after the settlement process? After settling in, I started meeting people, making friends. Later on, I became the President of the Parent Faculty Organization (PFO) at my son's school, and so I began to keep myself busy, helping and organizing events. I started going to the gym, going out with my friends, and at one point I belonged to a cooking class with a group of women.

Raising a foreign child in China adds difficulties to the role of a parent? My husband is American, so raising my son in China has some difficulties because we're trying to give him both the Colombian and the American cultures. At the same time, we're trying to adjust to the Chinese culture, which isn't that easy. However, my son goes to an international school and he's taking Chinese classes. Some of the teachings I'm also trying to transmit him is to raise him within the Catholic religion, and teach him academic Spanish. I also tell him stories about what we celebrate and what holidays we have in my country. We also keep in touch with my family through the internet or going to Colombia, at least once a year. My son is now a third culture kid, of which I'm also proud of. He will be open-minded and comfortable within a diverse community.

What were the biggest sacrifices you had to make that made you stronger, in Tianjin? I think the biggest sacrifices I had to make was leaving my extended family behind and adapting to a new culture. In China it was hard for me to accept the food, weather, language, environment, etc. Now I feel how important it is to share moments with my family and how lucky I'm to be a part of this culture. Everyday I learn new things and I learned to accept them as they are. I'm a confident and open-minded person, and that made me stronger and shaped the way I now see things in life.

Is the feeling of accomplishment possible to accomplish in Tianjin? Of course! My feeling of accomplishment in Tianjin is mainly related to the fact that I was able to learn and communicate in Chinese.



Charlotte Meldgaard



Nationality – Danish
Household – 3
(husband, 4 year old adopted daughter and herself)
Time of stay in TEDA – 3 ½ years

How did you make the adjustment to living in TEDA? It was easy because it was like a paradise compared to the place where we were before: Huang Dao, the development zone of Qingdao. There were no foreigners and we couldn't find any foreign goods. We lived there for two years before coming here. It was easy to move to TEDA as there's a great community

here already so it's easy to blend in.

What was your work before coming here and what do you do now? I was a teacher in Denmark. Because we got our daughter while we were in China, this is my chance to be with my daughter and not work. That is why I'm not working. I've been asked if I want to be a teacher again but I said thank you but no thank you!

What are the challenges you face here? The challenge is when the Chinese people see me with a Chinese looking baby, that's difficult for them to understand. But on the whole, life is as easy here as if we were living in Denmark. The only concern I might have is the heavy pollution.

As an expat in China, how has the experience of going through the process of adoption been for you? I am glad that we live in China and adopted a child here. However, people tend to look at us and make loud comments. Our daughter just wishes to be like everybody else and not have all the attention. But I guess that's part of the reality of the situation while we are in TEDA.

What is something you wish TEDA had more of? I wish it had more playground opportunities, not only the ones in E-mart and the new TESCO in Tanggu. I wish there was some soccer or gymnastic activities that were based on community and togetherness rather than competitiveness. I just want to put my 4 year old daughter there for fun and play with the other friends.

What are your typical activities and involvements? I have a very busy schedule every week. I do spinning on Mondays and running. I do Kung Fu and mah-jong. I do dancing with a group in TIS. This year it's Hot Latino while last year it was Greek Dance.

You are the Vice President of the Parents and Friends Association at the TEDA International School. Can you please tell us about this group and its activities? We organize walk-a-thons, craft fairs, bake sales and fund raising at school. I like being involved in everything at my daughter's school.

What do you feel as something you've accomplished here in China? The language is one of them. In the beginning, to survive in China, I had to learn some words. Chinese is not just like any language that you pick up like English. It's really something you have to study.



Liz Gisselberg



Nationality – American
Household – 2
(husband and herself – 1 daughter in the USA)
Time of stay in TEDA – 5 years

How did you adapt to life in TEDA? We were in Malaysia for 5 years before moving to China. For me, the adjustment was minor coming from Malaysia which has a high population of Chinese. A third of the population is approximately Chinese so a lot of the cultural things I was already familiar with. It's much easier to live in TEDA now as a Westerner than it was in the beginning.

When I moved here, I was very lucky and very blessed that there was a very good group of women and they took me under their wing and showed me everywhere. Without them it would have taken me another eight months to get settled in. They were amazing. Before that, there was another group of women from Motorola who started the TICC.

My friends were taken around by the women from Motorola and in turn they took me around so I felt it was my turn to take the next group of people around - kind of like the movie "Pay It Forward."

What are your typical activities and involvements? There's a group of women in TEDA and we have coffee every Friday morning, play mah-jong on Tuesdays and Wednesdays. Usually, somebody calls me up to ask, "Remember that shop in Tanggu we went four months ago? Can you help me find it again?" There's always something to do. I also love to cook. I've done a lot of cooking classes with chefs in Beijing and a few in TEDA.

One of the girls wanted to learn how to make ravioli so 5 people came over and we made ravioli. Little things like that. You find things you like to do.

Two years ago I led some of these activities but now I don't. Things evolve and you don't want the same leaders all the time because what happens if tomorrow I move. Other people need to step forward. One of the new ladies started a book club which meets one Wednesday a month.

What are the challenges you face here? Mine is language. I'm tone deaf so I find learning Chinese extremely difficult. I think that's the biggest challenge. Once you can't communicate what you're feeling and what you need to someone to help you, that's when your frustration level builds.

I've been using sign language and a few words I know, so now I've been getting along just fine.

What were the sacrifices that you made moving to TEDA? For me it was family. That's the biggest sacrifice most of us make. I didn't have a strong career so I didn't leave that behind. I worked but I didn't train for twenty years to develop a career. I was just working. That's usually a big issue among some women who come here when they chose to give up their career.

Do you have the same kind of social involvement as back home? It was different because of the particular phase of life I was at. When I left the US my daughter was 18 and I dropped her off at university. So when I first arrived in Malaysia, it was the "empty nest". I had to get used to not having a child to care for.

So your social life changes as you change. When you have a child, your involvement revolves around what they're involved in, whether it's music, sports or something else. As you grow and mature so does what you're involved in. It's just different not because I'm in China but because of life's natural changes.

What do you feel as something you've accomplished here in TEDA? What we did with the Charity Balls is the first thing that comes to mind. The first year we worked through the TEDA Community Volunteers Association and the proceeds went to an organization that needed some computers to be used by disabled adults. In the next few years, we did it for the Shine Home. For me I enjoy the fundraising aspect of volunteerism versus the other side. We all have our strengths and the trick in an international assignment, is to discover what the strengths are and go with those strengths.

Shakespeare's Macbeth

IN TIANJIN

The 16th of this month, Tianjin will host an event of the highest cultural importance, Shakespeare's *Macbeth* will be in town!

Tianjin Plus has the exclusive of the soirée, and so we bring you an interview with the director of the play, Paul Stebbings, and with *Macbeth* himself, Martin Christopher. Don't miss the chance to preview *Macbeth* with *Tianjin Plus*. See you at the Tianjin Binhu Theatre!

PAUL STEBBINGS

THE ARTISTIC DIRECTOR OF TNT THEATRE BRITAIN AND THE AMERICAN DRAMA GROUP EUROPE.

TNT Theatre Britain has already toured all over the world. In fact it's one of the best-known international theatre companies worldwide. How is life on the road? Busy but fun! We see a lot of amazing places from the jungles of Costa Rica to the old city in Jerusalem to (of course) the Great Wall of China. But any tourist can see



these places – what makes theatre touring special is meeting people – of the special connection that live theatre makes between artist and audience and just getting to unusual places and meeting locals.

TNT theatre is famous for integrating several forms of performing arts, dance, music, and singing. The assembly of all these specialties in a show makes it highly visual, which for non-native English speakers might allow a better understanding of the play. Is this intentionally integrated with the company's wandering philosophy? We think

good theatre communicates with anyone – our style reflects that – in fact we like to think that theatre can be a language – to be a language it cannot just be words – it has to communicate with all the resources of performance – just as when we really like (or dislike) someone in normal life our whole body speaks not just with words. Yes this helps our wandering philosophy but it's not why we do it – in fact the same MACBETH that we do in Tianjin as toured in England recently.

World class theatre, for the whole world. Has it been working so far? Have you ever encountered with the

incapacity of visiting any country?

Well of course some countries are more difficult than others, for example in Iran we had to cut out all touching between men and women in Hamlet (even mother and son!) but we had fantastic audience response and it was a privilege to be able to come close to that very different society. We even had a performance physically attacked by right wing thugs in Ukraine when the Soviet Union was breaking up – and we have had problems with armed criminals in El Salvador - but overall we feel welcomed in most places and find harmony even when audiences might hate each other – for example we also played to US soldiers in Kuwait just before they went into the war in Iraq – what would they have thought about the audiences in Iran we had also played?

Macbeth was the first Shakespearean play to be staged by TNT Theatre, back in 2000. Is there a special regard for it? How has Macbeth's production evolved since then? I always felt I wanted to direct *Macbeth* so it was a "first love" for me and Shakespeare. I thought most productions I had seen were boring because they dodged the supernatural and I think the witches and ghost are at the center of this amazing play. The production does develop and change because it is alive. Although we have many actors who have worked 3D in the cast before, we have two new actors – so they will bring something very new to their roles. Plus I love to try out new things – theatre is live.

When you're the director of a play that will be on stage in China, do you take into consideration any aspects? Do you tend to culturally adapt it? No. We make theatre for the world – China is one fifth of the world! Our theatre should work for the Chinese without changes. Our touring teaches us that humans are far more similar than different – we should celebrate that.

This isn't your first experience in China. What are the idiosyncrasies of the Chinese audience when compared to the western ones? Is it even possible to speak of

differences? We have toured a great deal in China and can say that overall the Chinese rank high in the world list of good response to theatre – we know they are there – they laugh and respond well (when we need them to laugh!). But apart from that we can say that there are huge differences within China – even within Beijing. A public audience in Shenzhen will be very different from the students at Peking University.

Do you have any references about Tianjin or any expectations on how Macbeth will be received by the audience? We enjoyed our time in Tianjin in October – we had a lovely walk in the sunshine through the city – enjoying the modern center and the old concession buildings. I was touched by the plaque to the Englishman who died helping the Chinese to fight the Japanese invaders and hope that is a good omen for our modern cooperation. I am sure that we can present an evening of exciting theatre – maybe *Macbeth* is the best play ever written – it is probably the most performed play in the history of the world. Tianjin audiences can see why!

MARTIN CHRISTOPHER LEADING ACTOR IN MACBETH.



You're a multifaceted artist. You have your own music, you directed a play and you're a recognized actor. How do all these arts combine in the growth of Martin Christopher as an actor? I think it is important to be more than just an actor – an actor has to understand life and inhabit other lives than his own – so it helps to do and be many things.

Each play has its own fascination. What's so special about Macbeth? He's probably the best written bad guy in fiction – so how can an actor resist playing the role!

Has Macbeth, the character, contributed to develop your career? I played Hamlet before this for TNT. These two wonderful roles are perhaps the greatest challenges for an actor – it's been a huge learning experience to play them in so many different theatres and to many different audiences all over the world. It certainly adds some weight to an actor's CV. But I hope it has helped me develop as an actor too.

Since you started playing Macbeth, have you ever felt that the character evolves throughout time and space? I think he exists in many dimensions – the personal with his wife, the political as King and ruler, the supernatural with the witches and ghosts and his own internal moral universe – it's Shakespeare's genius to be able to make the character function on all these levels.

Do you have any rituals/ superstitions when you tour around the world? Do you usually learn something with your working travels? It's a very serious business, acting. It's best to be focused and not think too much of luck – it's work. Travelling is something I really enjoy – you certainly learn more by traveling with theatre than you do as a tourist. I can't think of a better way of meeting strangers in foreign lands.

What's the most unusual situation that's happened to you on tour? Maybe performing Romeo and Juliet outside in Singapore in 35 degrees and 90 per cent humidity – imagine doing sport in a sauna with all your clothes on!

Do you have any references about Tianjin or any expectations on how Macbeth will be received by the audience? It will be my first visit to Tianjin – it is great that I can see more of China than the three or so main cities.



Meet the Dyxenburgs

Home from Home

Laura is 14, Thorbjorn is 9
Maren is 6, Villads is 4.
Lisbeth is the mother
Martin is the father
and they're Danish.

If there's a concept of a functional, happy family, the Dyxenburgs surely represent it. Martin came to China one and a half years ago and the rest of the family joined him 12 months later, in Tianjin. You would think that bringing four children, at such complicated ages, to China would create never-ending family problems, which would reflect in their slow adaptation to life here. Nothing could be further from the truth. Lisbeth and Martin prepared their children for almost a year before leaving their home country and taking the big leap into Far-East Asia. When they got here, nothing was a surprise because they were expecting the differences. Their teenage daughter Laura was already e-mailing several of her new classmates, long before they arrived in town.

After only a few months, this Danish family is perfectly integrated into local society, both Chinese and within the foreign communities. Before his family had the chance of joining him in China, Martin lived with a Chinese family, an arrangement set up by a language company. In this way, he could quickly understand Chinese traditions, and was the most intensive

way of learning the language. Though this was a very unusual arrangement, the family still benefits from this experience; Martin's Chinese host family are now part of the Danish family's Chinese network, and Lisbeth and Martin say that they don't find major differences in the character of Danish and Chinese people.

During the day Martin works in TEDA and the children are at the International School of Tianjin. This gives Lisbeth plenty of time to engage in other kind of activities. She specially enjoys a few hours at the gym, painting and learning Chinese. Lisbeth is a priest and though she isn't working in China, her job is still waiting for her back home at the time of the family's return.

The family is deeply connected to their roots and this is also shown in their house's decoration. All the furniture was brought from their house in Denmark. Lisbeth still finds it funny that they were left without furniture for 10 weeks until it arrived! Outside it's a beautiful compound where children from all over the world play together; inside is a Danish world where their children feel the



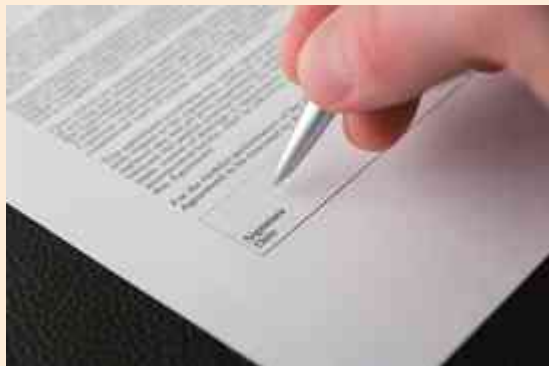
comfort of being home. A smart, caring way to keep the connection to their roots. Let's meet them!



3...2...1... Contract

Understanding Your Interior Design Contract

Now that you have a basic knowledge of the interior design (zhuangxiu) process, you can pay more attention to the details at each level. You as the home purchaser should decide which type of company, comprehensive (quan bao) or semi-comprehensive (ban bao) you wish to use.



and filling in the floor plan of your house. A mistake here can not only cause you to lose money, but have your residence lose its homelike feeling. You should choose your designer in the same two-step method similar to selecting the

company.

It may be a tough first decision, but the process will only get more complex. What is it that makes the process so difficult? A good question with not just one answer, but this article will explain one aspect, the contract.

If you talk with local and foreign home owners, you may possibly hear of many individuals stating they or someone they know was cheated by an interior design company. This is the importance of knowing the contract.

First, you want to try to narrow down your options to roughly five companies that could be possibilities. Go to interior design centers and talk with as many companies as you can to get an idea of who you would like to cooperate with. A two step procedure is:

1- As you talk with them ask for an introduction. This introduction will give you an initial feeling. Are they down to earth or shady? Are they experienced or novice?

2-Ask for samples of previous clients. The samples will give you a better picture of the company's skill level.

After a series of introductions, you should be able to narrow your selection down to a handful. Second the interior design company will ask about a designer. The designer is responsible for drawing

The designers (should have from three to five) will come to your home to complete the floor plan with you. If your home is still being built, they will use the floor plan provided by the housing development or photocopy the floor plan that is included in your housing contract.

It may be uncomfortable having all these strangers in your home, but it is necessary. The designer(s) will ask for many things, but here are a few examples:

- Which space is assigned to which room?
- Do you need any walls built or torn down?
- Is there a need for additional windows?
- Which direction do you wish the doors to turn?
- Which area of the floor will be using what material (e.g. -tile)?
- Where do you want the hot water heaters?
- Where should the air conditioning units go?
- Where do you want the electrical sockets?

Considering so many things may cause slight dizziness, but you have just completed a major portion of the contract. The completed agreed upon floor plan will be submitted to the interior design company as the supervising unit. This will be added to the contract in addition to many other items to give you a finalized budget. Three rather vital aspects of the contract that will be added afterwards are:

1- The terms of payment. Most interior design companies have a standard of 60% down payment, 35% mid-way through the project and 5% once completed and inspected.

2- A schedule in days to complete the floor plan. The schedule will include a start date and end date with an approximate plan (weekly or monthly) on what changes will be taking place in your home at that period of time.

3- Write a list of what is needed with brand names. This is the most common way to get cheated. You want to make sure that the supplies used match the brand you



have appointed. This will take a little research. If you don't have time you can allow the interior design company to choose. An example is: Paint – Brand A Paint.

As the contract is finalized, compare the offers from your few companies and choose the most suitable. As a note of caution, pay special attention to:

1. The penalty to the interior design company if not completed on time.
2. Have duplicate copies of the agreed upon floor plan and contract.
3. Inspect and verify everything in this initial contract step.

Good luck as the mental whirlwind of interior design continues.

Trivia Quiz



Carolina Mei, 18, student and freelance interpreter.

Favourite drink. I'm Brazilian and even if it sounds like a cliché, I love caipirinha (laughs).

Coffee or tea? Usually none.

Favourite place to spend your RMB? Shopping, of course! Usually Maigo or Ba Li Tai Shopping Mall.

Favourite shop, hairdresser, spa? Since Sephora opened in Tianjin I became a huge fan. I really like a hairdresser in Nanjing Lu but I don't know the name (laughs). And for a spa I can't say I had a real experience in Tianjin. I did in other Chinese cities but in Tianjin not yet.

Most romantic restaurant in town? Tianjin has improved a lot lately. Xiao Bai Lou and the Italian areas are very nice places to hang. But the most romantic place I think is the French restaurant La Seine.

Favourite place to hang with friends. Any Starbucks, especially in winter. The music is good and the juices are too.

Where would you like to be taken on a date? Jin Wan Plaza and the

surrounding area, at night time. The view is breathtaking.

Reading anything interesting? I'm reading a book in Portuguese from 1937, by the Brazilian author Jorge Amado, Capitães da Areia (Captains of the Sand). It's so good!

Last movie you watched? Irreversible. I was disappointed.

Strangest thing you've seen in town. A women's fight in the middle of the street that later became a women and men fight.

Worst and better about Tianjin?

The worst is the lack of places for foreigners to hang out. We're a huge community by now. The best is exactly the quantity of different cultures you meet. Also the fact that it isn't expensive.

Triplet Eyes

Brief Narratives and Facts on Pregnancy - The Final Trimester

The final trimester of pregnancy leads us down a path of possibilities. This path may lead us down a road of hope, responsibility, and change. Many publications have documented the journey of pregnancy from one point of view, but few look at pregnancy from three points of view.



Mom

Those last few weeks felt like an eternity. I remember talking to my son everywhere I went. People would often wonder who I was talking to, but I knew my son was listening. I enjoyed talking with other expecting mothers to share stories of how tired we were. I was tired as I became heavier and heavier. I wanted to kill my husband for doing this to me!

I also remember growing hair in the strangest places. Speaking of strange places I remember the first time my milk leaked in public. I didn't notice until a group of whippersnappers started pointing and laughing. How rude! Besides occasional leaking, my feet were the size of tree stumps. I just wanted the baby to be born. At least that was until I went into labor.



Dad

My wife was so unpredictable. She would be laughing one minute and crying in the next. People say a woman's emotions are hard to control, but what about men? I would describe my wife as (I would never tell her this) Jekyll and Hyde in need of a WC. It was like an hourly cycle: Twenty minutes of happiness, twenty minutes of crying or anger followed by twenty minutes of going to the bathroom and complaining about how fat she was.

I found my ways to cope however. I buffed up so that I could be a good looking father for my daughter. I didn't want to be one of those dads that nobody wanted to take out in public. I have to maintain my image. My wife however wanted to maintain the image of her house. In the final month of her pregnancy she made me basically rearrange our entire home. I couldn't wait for my daughter to come.



Baby

Development

- Week 28:** I can open and close my eyes now. My brain is also no longer smooth but beginning to form wrinkles.
- Week 29:** I wish mommy's belly was a little bigger. I stay in this fetal position to grow. My 300 baby bones are now all there.
- Week 30:** I am almost 40 centimeters now. You might be able to see or feel me across mommy's belly.
- Week 31:** My skin is growing fat underneath it, causing me to look pink. My sexual organs are also continuing to develop.
- Week 32:** My kicks now have some power to them. I am growing stronger by the week, having doubled in weight. My eye color is a dark gray.
- Week 33:** I can detect light. The fluid surrounding me may reach two pints.
- Week 34-37:** You can see my toe and fingernails now. I am beginning to develop immunities and my organs are able to function on their own (full-term).
- Week 38-40:** I am gaining around 0.23 kilograms a week until birth.

Newborn Baby Shopping List

- Baby Crib
- Waterproof Crib Lining
- Crib Mattress
- Baby Walker
- Play Yard
- Baby Bath
- Stroller
- Diapers
- Diaper Bag
- Baby Wipes
- Infant Aspirin
- Rectal or Heat Sensing Thermometer
- Baby Car Seat
- Baby Blankets
- Booties
- Baby Cap
- One-Piece Underclothes with Snaps
- Nursing Pillows
- Breast Pump
- Nursing Bras
- Bottles

Thank you to those who sent in your pregnancy narratives to TJ+.

BRUNCH

The Official Meal for Underachievers

Too hung over to eat breakfast and your new diet prohibits you from eating lunch? Well we have got just the solution for you... brunch! It is quick, easy and the best part is saying it makes you sound more sophisticated than you really are. Therefore, with you in mind, we have scoured Tianjin for some of the best brunch restaurants in Tianjin. The following is a list of the editor's recommendations for brunch.



Radisson Plaza Hotel Tianjin A Five-Star Brunch

A smorgasbord of Western, Chinese, and Japanese brunch items are available at Radisson Plaza Hotel's Bubbly Brunch every Sunday from 11:00 to 15:00. Heavenly selections include but are not limited to fresh seafood, dim sum, cereal, pizza, pancakes and so much more. Guests are welcome to serve themselves or leave a poker card at the designated chef station to have food delivered to their table. Classically trained musicians playing in the background along with dishes arranged as artwork set the tone for an upscale dining experience.

Make a toast with friends and enjoy free flow Moët et Chandon champagne, imported wines, chilled Tsingtao beer and freshly squeezed juices. Once you have finished your meal, indulge in one of the divine desert selections that will leave you wanting more.

Radisson Plaza Hotel Tianjin has also introduced a special Kid's Corner where children can help themselves to their own buffet, while they are entertained.

Enjoy the finest brunch selection in Tianjin and rub shoulders with Tianjin's elite at the Radisson Plaza Hotel.

Kushi Grill & China Station,
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
河东区新开路66号
天津丽笙世嘉酒店二层
中国站 & 串烧
Tel: +86 22 2457 8888 ext 3623
Hours: 11:00-15:00, Every Sunday



Harvest Book & Coffee Start the day off right

Are you looking for a healthy option for brunch? Look no further than Harvest Book & Coffee. They have plenty of muffins, skoans, and toasted bagels to get your day started right. All of which go perfectly with Harvest's healthy smoothies including the Hawaiian Hula, a mixture of pineapple, bananas, and milk. Harvest's mom and pop-style cooking includes whole-wheat ingredients and less oil than other local diner-styled, Western brunch restaurants. Harvest serves breakfast and brunch items all day at affordable prices ranging from CNY 21 - 28.

The menu changes with the season and customer preference so surprises await you with every visit. Currently, their special item is thick and fluffy Belgium waffles topped with sliced bananas and chocolate sauce and the cherry and almond latte.

For special occasions, splurge on one of Harvest's custom cakes such as the popular chocolate layer cake with peanut butter frosting. Guests can also look forward to the next cultural

exchange event on how to make dumplings.

Deliveries are available in the Hua Yuan area while a stand is available in Tianjin International School.

Room 101, gate 3, bldg. 27
Jiuhuali Garden
No. 191, Yingshui Dao
Nankai District
Tel: +86 22 2373 3461
哈维斯特咖啡
南开区迎水道191号
久华里花园27号楼3门101室



Hank's Sports Bar & Grill Good old-fashioned US brunch

Finally, on the list is Tianjin's most well known and only sports bar in Tianjin...Hanks. In addition to serving up some of the best western brunch and dinner in Tianjin, it is also one of the few places to enjoy an ice-cold beer at 09:30 in the morning. Hank's legions of fans frequent the bar and grill every weekend with circles under their eyes from the night before and a hankering for a good, old-fashioned American meal.

On the weekends from 09:30 - 13:00, Hank's offers an all you can eat breakfast including American classics like French toast, breakfast burritos, biscuits and gravy and bacon for a mere CNY50. Also recommended is the homemade sausage; made by Hank himself. If you are not a morning person, then you can get your fill of breakfast anytime with Hank's breakfast menu ranging from CNY35 - 149 available day and night.

No. 56, 1F, bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7997
汉克斯运动酒吧
南开区天塔道
上谷商业街B座1层56号

1st Avenue Café 第一大道咖啡厅 Meat Feast



Perched on the eleventh floor of the Holiday Inn complex near the Citizen Plaza on 1st Avenue, TEDA, 1st Avenue Café is a Brazilian-themed barbecue restaurant. Waiters go from table to table with great skewers of beef, chicken legs, mutton, chicken hearts and bacon-wrapped sausages. The rest of the food is a buffet, and the selection at 1st Avenue Café is particularly good. The salad bar has vegetables and shellfish on dishes placed on beds of ice, along with sushi and sashimi, cold meats, cheeses, pasta and dressings. A hot buffet offers traditional meals such as curry or roast duck, two soups are available,

and the pudding bar has a chocolate fountain, fruit, cakes and breads - but sadly no ice-cream. A drinks menu is available on request but, oddly, not given when you are seated.

The restaurant is spacious and comfortable, with large chairs and wooden flooring and beams across the roof. It's large enough to seat several hundred though unlikely to be near capacity, has smoking and non-smoking sections, and prompt and courteous staff. The view is unfortunately only of the balcony and doesn't overlook TEDA. However, for quality of food, 1st Avenue Café acquits itself very honourably.

📍 11F, Holiday Inn Binhai Tianjin, no.86, 1st Avenue, TEDA 开发区第一大街86号天津滨海假日酒店11层
🕒 11:30 - 14:00, 17:30 - 22:00 Daily 📞 +86 22 6628 3388 ext 2740

Taoli Chinese Restaurant 桃李中餐厅 Great Cantonese Feast

On 5th February 2010, Hotel Nikko Tianjin offered its invitees a special dinner with a chef cooking dishes on the spot.

Mr. Huang Guofang, Executive Chef of Taoli Chinese Restaurant, has more than twenty years of culinary experience, specializing in Cantonese Cuisine. He has worked in numerous 5 star international hotels, including the Starwood Group, and is experienced in catering for banquets with more than one thousand diners.

Huang introduced many Cantonese dishes, such as Braised Shark's Fin in Superior soup, Steamed Spinach Dumpling, Glutinous Purple Rice Ball, Baked Icing Sugar Bun, Braised Shark's Fin with Brown Sauce, Tao Li Prawn Balls... Everybody was attracted by the chef's great cooking techniques and spent a wonderful night savouring his fare.



📍 6F, Hotel Nikko Tianjin, No. 189, Nanjing Lu, Heping District 和平区南京路189号天津日航酒店6楼
🕒 11:30-14:00 15:30—22:00 📞 + 86 22 8319 8888 ext. 3561

1618 Club 1618会所 Party like its 1618

If you are wandering around the Wu Da Dao / Xiao Bai Lou area then you might stumble upon a century-old mansion with a vivid "1618" sign posted on top. From there you might feel yourself drawn in by the row of Christmas lights and glowing signs leading you to a double door. Finally, succumb to the music as if it were an alluring temptress tapping you on the shoulder and escorting you down a long hallway into dimly lit room with rays of light shooting across every corner. Allow yourself to slip into a state of physical and mental intoxication and bliss in the 1618 Club.

1618 Club, while adhering to the history and culture of the area, also incorporates modern style with the addition of a high-definition, large LCD screen, international professional audio equipment, psychedelic lighting and a crystal retractable stage.

Modern without losing elegance, luxurious without being extravagant, 1618 Club offers exotic dances and avant-garde music in a scene so retro that you feel as if you have traveled back hundreds of years ago to a simpler, grander time. A century later, traces of past glorious moments are still clearly visible at 1618 Club.

📍 No. 16 -18, Machang Dao, Hexi District 河西区马场道16-18号
📞 +86 22 2373 8888 +86 22 2314 8888



Feeling Bar 菲林慢摇酒吧 Feel the Music, Feel Yourself

Feeling Bar, opened in 2007, has recently come into its own as a buzz now stirs around this hip-hop club. The club with its cutting-edge taste has concentrated on trends of seasonal music and the essence of sensory experience. Feeling provides the Tianjin nightclub necessities including fractionally-clothed dancers and a flamboyant bartender performing bottle-juggling stunts.

The club is popular among locals, who enjoy the club's reasonable prices but complain about the tiny dance floor and crowdedness causing a rather stuffy, smoky environment. However, Feeling Bar earns high marks for its weekly themes including the Cointreau party they recently hosted.

If you are a foreigner going in their first time, try to keep an open mind and prepare yourself for the crowds. Even if you are not a fan of dancing, you can take a seat, enjoy an ice-cold beer and watch the dancers shake their moneymakers.

📍 1F, GOME Building, the junction of Dagu Nanlu and Jinhe Dao, Hexi District 河西区大沽南路与津河道口国美电器1层
📞 +86 139 2023 1836



Look out DaFang and Vanguard, there's a new convenience store in town that's making waves. 7-Eleven Japan Co. recently opened Tianjin's first 7-Eleven convenience store on 1928 Street in Xiaobailou. Only open for a few months, the store has become wildly popular and often hosts lines of people. As with the US version, 7-Eleven Tianjin is your one-stop, on-the-go shop to find all your dispensable goods including magazines, food, and personal items. Items are neatly arranged and well stocked. Food items include sushi, zongzi (glutinous rice wrapped in lotus leaf), and other Asian delights. For couples looking for a quick place to pick up a few items for that late night together, they can find an assortment of items available near the checkout counter. For those Westerners looking for products from abroad, however, they should look elsewhere as the only "Western" food items are the donuts located in the bakery section. American visitors of 7-Eleven Tianjin will notice that the only similarities between the Tianjin and US versions are the name. Like KFC in China, 7-Eleven Tianjin has completely adapted their products and services for the Chinese market, replacing the Big Gulp soda drinks featured in the US with various teas and fruit drinks,



while the microwavable burritos have been substituted with Chinese style box meals.

Another new feature for the Chinese market is a long counter with bar stools facing the window, where guests can enjoy their small snacks while doing some people watching. The store also maintains the same high level hygiene standards of the Japanese version, as employees serving food wear protective masks and keep the floors spotless. If you've been roaming the streets trying to find fresh sandwiches or that new issue of Vogue Magazine then take a stroll to the end of 1928 Street to find what you're looking for. 7-Eleven truly offers a unique shopping experience that combines convenience with a wide variety of necessities.

People of Tianjin can look forward to 7-Eleven Japan Co. opening more 200 convenience stores in Tianjin over the next three to five years.

📍 1F, Binjiang Shopping Centre, no.29, Kaifeng Dao, Xiao Bai Lou (1902 Street), Heping District
和平区开封道29号小白楼滨江购物中心首层 🕒 24 -7 📞 +86 22 2330 5040



Cybermart Digital Square

赛博数码广场

An Electronic Playground

📍 No. 381, Anshan Xi Dao Nankai District
南开区鞍山西道381号 🕒 09:00 - 18:00

With the tattered decorations and anemic Christmas trees being put away for next year, the employees of Cybermart are taking a quick breath of fresh air before the next onslaught of customers as Chinese New Year approaches.

Cybermart, for techies, is the same as a 400 pound man going to a buffet...you can never get your fill of what you love. The 3 story building is like a Best Buy on steroids, hosting over 100 different shops selling everything from cameras and laptops to DVDs, and webcams, etc. The first floor has all the big name brands like Sony and Cannon but don't expect cheaper prices versus the prices overseas. Sometimes, popular brands can cost even more in China. The second floor has more personal electronic items like GPS systems and mp3 players. Appearing more like a sweatshop, the third floor is where

to go if you want to find the best deals on questionably legal software and DVDs. For those just looking to do a little window shopping, slither through the maze of small shops to find the latest electronics and crazy deals. When purchasing, don't forget to ask for a discount on prices. The best hagglers can sometimes receive a 10-30% discount with the exception of popular items. If you can't find what you're looking for inside the walls of Cybermart then venture outside to the plethora of other smaller electronic retail shops.

The hot new tech for this season is the 3G Apple iPhone with improved performance and updated 3D graphics versus the previous model. It sells around 6000 RMB in China.

With Chinese New Year approaching, surprise your friends by replacing that traditional hong bao with a bootleg copy of Dumb and Dumber.

7-Eleven Store

Where's the Big Gulp?



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TIANJIN

TIANJIN

Seven Leaves Vegetarian Restaurant

2F, Yuanyang Building
Xinkai Lu, Hedong District
Tel: +86 22 2337 1479

Yuanman Vegetarian Restaurant

The junction of Baoding Dao and
Hubei Lu, Heping District
Tel: +86 22 2330 7359

Western

80's Bar

(Behind Carrefour)
1F, Bldg. 5, Fenghe Garden
Xihu Dao, Nankai District
Tel: +86 22 2749 2456

Alibaba

Weihua Li Xiaoqun, Tong'an Dao
Heping District
Tel: +86 22 2351 3976

Barcelona Western Food Restaurant

No. 10, Binyou Dao, Hexi District
Tel: +86 22 2837 3207

Café Venice

2F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2271

Café@66

1F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888

Chateau35 Wine Bar & Bistro

(The junction of Yunnan Lu and Kunming Lu)
Opposite no. 79, Changde Dao
Heping District
Tel: +86 22 2331 5678

Friends Restaurant and Bar

7-9, Bldg. B, Magnetic Capital
Lingbin Lu, Nankai District
Tel: +86 22 2385 5018

Gold Pub

No. 109, Chengdu Dao, Heping District
Tel: +86 139 2081 6219

Greenery Café

Tian Di Hui Restaurant Plaza
Nanmenwai Dajie, Heping District
Tel: +86 22 2734 8788

Hamber Bar & Restaurant

No. 22, Kaifeng Dao, Xiaobai Lou
(1902 Street), Heping District
Tel: +86 22 2311 2282

KieSSLing Western Restaurant

No. 33, Zhejiang Lu, Heping District
Tel: +86 22 2330 0330

Kokopelli

No. 6, Changdu Lu, Heping District
Tel: +86 22 2781 7172

M Club

No. 5, Youyi Lu, Hexi District
Tel: +86 22 5818 1108

Mediterranean Restaurant

Tong Lou, no. 212, Weidi Dao, Hexi District
Tel: +86 22 2351 9102

Monjardin Restaurant & Bar

No. 58, Kaifeng Dao, Xiaobai Lou
(1902 Street), Heping District
Tel: +86 22 2312 1008

Ou Luo Ba Restaurant

No. 36-42, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Heping District
Tel: +86 22 2330 6178

Pan Shan Grill & Wine

2F, Main Building, Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext.1820

Provence

No. 29, Tianjin Istyle Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4888

Seasonal Tastes

1F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088

Seven Days

7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
日七
和平区南京路128号乐宾百货7层

Small London Restaurant

No. 73, Chengdu Dao, Heping District
Tel: +86 22 2312 8998

Spectrum All-Day Dining

7F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3570

Tapas

Wujiayao Branch
No. 55, Wujiayao Dajie, Hexi District
Tel: +86 22 2337 1456

Magnetic Capital Branch

Bldg. A3, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5327

Terrace Cafe

1F, Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388

Wyndsong Restaurant

1F, Crown Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2333



Coffee Shops

31 Cups

No. 29, Changde Dao, Heping District
Tel: +86 22 2666 3131

Amor Coffee

No. 22, Ping'an Dajie, Heping District
Tel: +86 22 2721 6586

Banilla Coffee

Book Building
No. 362, Dagu Nan Lu, Hexi District
Tel: +86 2306 3060

Canvas Café

Yuanyang Xin Tiandi
No. 61, Xinkai Lu, Hedong District
Tel: +86 22 6089 6520

Ciao Coffee Bar

2F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8366

Coffee Time

No. 1, the junction of Shaoxing Dao and
Youyi Lu, Hexi District
Tel: +86 22 2813 4857

Courtyard Café

The junction of Hebei Lu and
Munan Dao, Heping District
Tel: +86 22 2330 0425

Harvest Book & Coffee

Room 101, gate 3, Bldg. 27
Jiuhuai Garden
No. 191, Yingshui Dao, Nankai District
Tel: +86 22 2373 3461

iCafé

A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5072

Lemon Talk Café and Tea

No. 305, Anshan Xi Dao, Nankai District
Tel: +86 22 2741 6883

Look! Space Coffee & Gallery

No. 64, Chongqing Dao, Heping District
Tel: +86 22 2330 1912

Memory Modern Coffee

A2-07, Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 5838 7678

Miracle Coffee

2F, no. 2-80, Fengshui Garden
Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 8838 9285

SPR Coffee

1F, Bldg. B, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5329

Starbucks Coffee

Biniyang Dao Branch
1F, Hualian Building
No. 200, Binjiang Dao, Heping District

Heping Lu Branch

1F, Parkson Department Store
No. 162, Heping Lu, Heping District
和平路店: 和平区和平路162号

Nanjing Lu Branch

International Building
No. 75, Nanjing Lu, Heping District
南京路店: 和平区南京路75号国际大厦

The Spot Cafe

(Opposite of Tianyu Hotel)
Nanfu Fang Dajie
Diantai Dao, Heping District
Tel: +86 22 2783 7764

Time Coordinate Coffee

No. 6, the junction of Hanghai Dao and
Baidi Lu, Nankai District
Tel: +86 22 8789 2737

Trueman Coffee

Bldg. C, Zilai Garden
Shuangfeng Dao, Nankai District
Tel: +86 22 8741 1811

UBC Coffee

Dagu Nan Lu Branch
No. 816, Dagu Nan Lu, Hexi District
Tel: +86 22 2833 6408

Pingshan Dao Branch

No. 30, Pingshan Dao, Hexi District
Tel: +86 22 2301 6583

Tea Houses

Haiya Tea House

Binjiang Dao Branch
No. 120, Binjiang Dao, Heping District
Tel: +86 22 2730 8828

Jin Le Tea House

2F, New Culture Garden
Rongye Dajie, Heping District
Tel: +86 22 2723 2777

Ming Hua Xin Tea House

No. 187, Chongqing Dao, Heping District
Tel: +86 22 2331 1298

Mingyuan Tea House

No. 42, Changde Dao, Heping District
Tel: +86 22 2331 5080

Rose House

1-2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 137 1882 9532

Xin Rong Tea House

No. 25, Pingshan Dao, Hexi District
Tel: +86 22 2352 4910

Yang Lou Tea House

The junction of Kunming Lu and
Chongqing Dao, Heping District
Tel: +86 22 2339 7244

Zhengqinghe Zhuyeqing Tea House

No. 56, Guangke Er Ma Lu
Nankai District
Tel: +86 22 2741 9800

Zheng Xing De Tea House

No. 66, Tai'an Dao, Heping District
Tel: +86 22 2339 8058

Bars & Discos

13 Club
Tianjin Istyle Town
Ziyou Dao, Hebei District
Tel: +86 22 2445 1517
河北区自由道意大利风情街

1618 Club
No. 16-18, Machang Dao, Hexi District
Tel: +86 22 2373 8888
1618会所
河西区马场道16-18号

8 Bar
No. 78, Jianshe Dao, Heping District
Tel: +86 22 2330 5988
8号酒吧
和平区建设道78号

Babi Club
No. 83, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6006
芭比俱乐部
河西区琼州道83号

Bull's Club
No. 83, Baidi Lu, Nankai District
Tel: +86 22 8185 3333
公牛酒吧
南开区白堤路83号

City Music Club
No. 64, Limin Dao, Hexi District
Tel: +86 22 8998 8833
喜地音乐酒吧
河西区利民道64号

Coco
Bar Street, Youyi Lu, Hexi District
Tel: +86 22 2837 0888
瀚金佰Coco酒吧
河西区友谊路酒吧街

Dazzle Lobby Lounge
1F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +87 22 2627 8888 ext. 2266
眩吧
河北区海河东路凤凰商贸广场
天津海河假日酒店1层

Euro Bar
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
欧罗吧
天津空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Feeling Bar
1F, Gome Building, the junction of Dagou
Nanlu and Jinhe Dao, Hexi District
Tel: +86 139 2023 1836
菲林慢摇酒吧
河西区大沽南路与津河道交口
国美电器1层

Fountain Lounge Bar
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
碧泉茶园酒吧
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Hard Rock Club
(Next to Narcissus Hotel)
Pingshan Dao, Hexi District
Tel: +86 22 2301 1564
硬石音乐主题俱乐部
河西区平山道(天水大酒店旁)

Harry's Bar
No. 25, Youyi Lu, Hexi District
Tel: +86 22 2835 2777
哈里酒吧
河西区友谊路25号

JV'S Bar
1F, Main Building, Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 1845
JV'S 酒吧
河西区紫金山路
天津喜来登大酒店主楼1层

Le Nest Club
No. 103, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6666
乐巢酒吧
河西区琼州道103号

Lobby Bar
2F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
大堂吧
空港物流加工区中心大道55号天津滨海
圣光皇冠假日酒店2层

Macchiato Live Music Bar
Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 136 0206 2117
玛奇朵音乐餐吧
河东区八纬路与十四经路交口音乐街

Mayflower Bar
The junction of Zijin Shan Lu and
Qixiang Tai Lu, Hexi District
Tel: +86 22 5859 9898
五月花酒吧
河西区气象台路与紫金山路交口

Mizu Bar
5F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3555
美津酒吧
和平区南京路189号天津日航酒店5层

Nic Club
No. 143, Munan Dao, Heping District
Tel: +86 159 2207 0904
泥Club
和平区睦南道143号

Pepper
3F, Bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 5238
南开区天塔道上谷商业街B座3层

Purple Bar
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
葡吧
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Richmond Paulaner Bar
No. 243, Xinhua Lu, Heping District
Tel: +86 22 2330 6866
和平方新华路243号

Riff Live House
No. 55, the junction of Dagou Bei Lu and
Chifeng Dao, Heping District
Tel: +86 135 0218 2204
摇滚天津俱乐部
和平区赤峰道与大沽北路交口55号

Sapphire
Minyuan Stadium
No. 83, Chongqing Dao, Heping District
Tel: +86 137 5253 9905
赛凡瑞酒吧
和平区重庆道83号民园体育

Scarlet
3F, Bolian Building
No. 155, Weijin Lu, Heping District
Tel: +86 22 2355 6223
乱世佳人
和平区卫津路155号博联大厦3层

Scooters
Bar Street, Youyi Lu, Hexi District
Tel: +86 22 2837 0575
思酷特酒吧
河西区友谊路酒吧街

SITONG Bar
-1F, Somerset Olympic Tower
Chengdu Dao, Heping District
Tel: +86 136 0237 7177
昔唐音乐酒吧
和平区成都道奥林匹克大厦负1层

Sugar Club
Henghua Building
Xiawafang, Dagou Nan Lu, Hexi District
Tel: +86 22 5831 8888
蜜糖酒吧
河西区大沽南路下瓦房恒华大厦

Vinchalet Café
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 2987
万喜来
和平区南京路诚基大厦第五大道商业街2层

Zero Club
-1F, Bldg. C, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 8288
零点酒吧
南开区天塔道上谷商业街C座负1层

KTV

Eastern Pearl
No. 2, Guizhou Lu, Heping District
Tel: +86 22 2781 6666
东方之珠KTV
和平区贵州路2号

Happy Party
No. 101, Nanma Lu, Nankai District
Tel: +86 22 2733 6666
快乐迪
南开区南马路101号

Holiday KTV
9F Isetan, No. 108, Nanjing Lu
Heping District
Tel: +86 139 0211 4681
好乐迪
和平区南京路108号伊势丹9F

Limited Edition KTV
No. 47, Minzu Lu, Hebei District
Tel: +86 22 2403 0888
一宫·量贩式KTV
河北区民族路47号

Party Land KTV
No. 168, Baidi Lu, Nankai District
Tel: +86 22 2300 3591
金永KTV
南开区白堤路168号

Beauty Salons

Chilitina
No. 180, the junction of Shashi Dao and
Kunming Lu, Heping District
Tel: +86 22 2335 4106
克丽缇娜护肤中心
和平区昆明路与沙市道交口180号

Natural Beauty
No. 18, Shashi Dao, Heping District
Tel: +86 22 2330 5716
自然美
和平区沙市道18号

Hairdressers

AY Hairsalon
5A-01, Magnetic Plaza
Binshui Xi Dao, Nankai District
Tel: +86 22 2374 1333
南开区宾水西道奥城商业广场5A-01

Culture of Beauty
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 7473
(Closed on Wednesday)
美学文化
和平区南京路
诚基大厦第五大道商业街2层

Degen Beauty Salon
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1066
德根形象公社
和平区南京路189号津汇广场负1层

Feeling Beautiful Salon
No. 2, Shuiyuan Building
Pingshan Dao, Hexi District
Tel: +86 22 2337 8098
霏雨霖
河西区平山道水映兰庭底商2号

Feeling Salon
No. 17, Zhejiang Lu, Heping District
Tel: +86 22 2331 6856
千沐风
和平区浙江路17号

Joy Forever Hair Atelier
No. 1, 2F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2374 1813
久爱美发
南开区宾水西道奥城商业广场A4区2层1号

K&J Hair Club
No. 6, 1F, bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5382
K&J发吧
南开区宾水西道奥城商业广场A4区1层6号

Sanbaili Rong Yuan
The junction of Xiaguang Dao and
Shiying Lu, Nankai District
Tel: +86 22 2392 3617
三佰理容院
南开区士英路与霞光道交口

TITI Professional Hair
1F, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2731 1512
佑村造型
和平区南京路209号吉利大厦1层

Winter Rain Studio
No. 99, the junction of Rong'an Dajie
and Rongye Dajie, Nankai District
Tel: +86 22 2723 5348
冬雨造型
南开区荣业大街与荣安大街交口99号

Massages

A Sen Da Mutong Xiyu Zhongxin
No. 22, Pukou Dao, Hexi District
Tel: +86 22 2313 5080
阿森大木桶洗浴中心
河西区浦口道22号

Degen
Bldg. 19-1-111, Magnetic Capital
Apartments
Binshui Xi Dao, Nankai District
Tel: +86 22 8378 8522
德根
南开区宾水西道奥城商业广场酒店公寓
19-1-111座

Forest Massage Salon
Room 04-303, Bldg. A, SOHO Gongshe
Century City, Heiniu Cheng Dao, Hexi District
Tel: +86 22 8829 8330
森林按摩中心
河西区黑牛城道
世纪城SOHO工社A座04-303室

Huali Massage Center
No. 11, Luoyang Dao, Heping District
Tel: +86 22 2332 2636
花利足疗保健中心
和平区洛阳道11号

Zheng Kang Blind Massage Center
Bldg. 3, gate 1, suite 101
Tongda Shangcheng
Lishui Dao, Hexi District
Tel: +86 22 8826 1604
正康盲人按摩中心
河西区澧水道通达尚城101室1门3号楼

Spas



Dikara Spa
Step into the realm of sheer
indulgence... "Dikara Spa"
4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888 ext. 3910
迪卡拉水疗中心
河东区新开路66号
天津天诚丽笙世嘉酒店4层

I Spa
6F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
泰美好
和平区南京路189号日航酒店6层

Milky Spa
Room 602, door 2, Bldg. C
Friendship Building, Youyi Lu, Hexi District
Tel: +86 22 2827 3456
河西区友谊路友谊大厦C座2门602室

Oasis SPA at Sheraton
1F, Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2227
喜来登绿洲
河西区紫金山路天津喜来登大酒店1层

Orchid Valley
Room 103, Bldg. 10
Ningfa Yangguang Garden
No. 4, the junction of Bocai Dai
and Shiying Lu, Nankai District
Tel: +86 22 2392 8402
兰花峪
南开区士英路与博彩道交口4号
宁发阳光花园10号楼103室

Tea Tree Spa
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2400
茶树水疗中心
空港物流加工区中心大道55号天津滨海
圣光皇冠假日酒店1层

Yoga

Hotel Nikko Tianjin Yoga

6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext.3290
天津日航酒店瑜伽
和平区南京路189号天津日航酒店6层

Yunshui Yoga Club

2F, Bldg. 8, Yangguang Apartment
Shuishang Dong Lu, Nankai District
Tel: +86 22 2338 1002
云水瑜伽会馆
南开区水上东路阳光公寓8号楼2层

Dental Clinics

Aichi International Dental Center

4F, Huaju Department Store
No. 72-74, Xikang Lu, Heping District
Tel: +86 22 8568 5806
爱齿口腔医疗中心
和平区西康路72-74号华炬百货4层

Tianjin Dental Hospital

No. 75, Dagu Lu, Heping District
Tel: +86 22 2711 9191
天津口腔医院
和平区大沽路75号

Tianjin Xinaichi International Dental Clinic

No. 84, TEDA Garden
Jiulong Lu, Hexi District
Tel: +86 22 2328 5556
天津欣爱齿口腔医院
河西区九龙路泰达园号84

Hospitals

Binhu Hospital of Chinese Traditional Medicine

(Next to IG Supermarket)
Huanhu Nan Li, Ti Yuan Bei, Hexi District
Tel: +86 22 2330 0706
滨湖中医医院
河西区体院北环湖南里(津工超市旁)

Tianjin Aimin Diet Hospital

No. 34, Youyi Lu, Hexi District
Tel: +86 22 2813 0596
天津爱民减肥医院
河西区友谊路34号

Tianjin Chest Hospital

No. 70, Xi'an Dao, Heping District
Tel: +86 22 2314 7057
天津胸科医院
和平区西安道70号

Tianjin Children's Hospital

No. 225, Machang Dao, Hexi District
Tel: +86 22 2351 9459
儿童病专科医院
河西区马场道225号

Tianjin Chinese Traditional Medicine Center

No. 314, Anshan Xi Dao, Nankai District
Tel: +86 22 2743 2236
天津中医医学中心
南开区鞍山西道314号

Tianjin Eye Hospital

No. 4, Gansu Lu, Heping District
Tel: +86 22 2731 3336
天津市眼科医院
和平区甘肃路4号

Tianjin First Central Hospital

No. 24, Fukang Lu, Nankai District
Tel: +86 22 2362 6249
天津第一中心医院
南开区复康路24号

Tianjin Hexi Evercare Medical Special Hospital

No. 13, Wujiayao Dajie, Hexi District
Tel: +86 22 2355 0363
天津河西伊美尔医疗美容专科医院
河西区吴家窑大街13号

Tianjin Hospital

No. 406, Jiefang Nan Lu, Hexi District
Tel: +86 22 2830 8891
天津医院
河西区解放南路406号

Tianjin Huaxia Hospital

No. 25, Heiniu Cheng Dao, Hexi District
Tel: +86 22 2823 0188
天津华夏医院
河西区黑牛城道25号

Tianjin International SOS Clinic

1F, Sheraton Hotel Apartment
Ziji Shan Lu, Hexi District
Tel: +86 22 2352 0143
河西区紫金山路
天津喜来登大酒店公寓楼1层

TIANJIN

Tianjin International Travel Healthcare Center

No. 6, Pukou Dao (at the junction with
Tai'er Zhuang Lu), Hexi District
Tel: +86 22 8332 6942
天津国际旅行社卫生保健中心
河西区浦口道6号(与台儿庄路交口)

Tianjin Medical University Cancer Institute and Hospital

Tiyuan Bei, Huanhu Xi Dao, Hexi District
Tel: +86 22 2334 0123
肿瘤医院(天津医科大学附属肿瘤医院)
河西区环湖西路院北

Tianjin Medical University General Hospital

No. 154, Anshan Dao, Heping District
Tel: +86 22 6036 2636
天津医科大学总医院
和平区鞍山道154号

Tianjin Ren'ai Hospital

No. 181, Weiguo Dao, Hedong District
Tel: +86 22 2457 8955
天津仁爱医院
河东区卫国道181号

Tianjin Wuzhou Gynecology Hospital

No. 67, Zijin Shan Lu, Hexi District
Tel: +86 22 5867 7999
天津五洲妇科医院
河西区紫金山路67号

Tianjin Yitai Reproductive Specialist Hospital

No. 90, Changjiang Dao, Nankai District
Tel: +86 22 2711 3333
天津怡泰生殖专科医院
南开区长江道90号



SPORTS

Golf Clinic/Pro Shop

G&G Golf Clinic/ Pro shop/ Club Fitting
Tianjin Sports Center, Binshui Xi Dao
Nankai District
Tel: +86 22 2392 1936/7
+86138 2059 7784 (Coach)
体育中心高尔夫
南开区滨水西道体育中心内

Golf Clubs

Aroma (Tianjin) Golf Club
Green base, Guangang Senlin Park
Dagang District
Tel: +86 22 6328 5000
阿罗马(天津)高尔夫俱乐部
大港区官港森林公园绿化基地处

Fortune Lake Golf Club

Jinwang Lu, Jinghai Zhen
Tel: +86 22 6850 5299
天津松江团泊湖高尔夫球会
静海县津水路

Regal Rivera Golf Club

Jinjin New Town
No. 1, Zhujiang Nan Lu, Baodi District
Tel: +86 22 2966 9266
帝景高尔夫俱乐部
宝坻区珠江南路1号京津新城

Tianjin International Hot Spring Golf Club

No. 5, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 2489 0391
天津国际温泉高尔夫俱乐部
空港物流加工区中心大道5号

Tianjin Pearl Beach International Golf Country Club

Yingcheng Hu, Hangu District
Tel: +86 22 6720 1818
天津渤海国际高尔夫乡村俱乐部
汉沽区营城湖

Yangliuqing Golf Club

Yijing Lu, Yangliu Qing Zhen
Xiqing District
Tel: +86 22 2792 2792
杨柳青高尔夫俱乐部
西青区杨柳青镇一经路立交桥北

Gyms

Alex Fitness Club
(Next to Modern Women Center)
3-4F, 8 Miles New Culture Plaza
Nankai District
Tel: +86 22 8988 8809
天贝武老爱健身俱乐部
南开区八里台新文化广场3-4层
(旁妇女活动中心旁)

GLO Fitness & Health Club

6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕-健康中心
和平区南京路189号天津日航酒店6层

International Building Fitness Center

3F, International Building
No. 75, Nanjing Lu, Heping District
Tel: +86 22 2330 6666
国际大厦健身中心
和平区南京路75号国际大厦3层

Powerhouse GYM

Xiaobai Lou Branch
Binjiang Gouwu, Xiaobai Lou, Hexi District
Tel: +86 22 2302 2008
宝力豪健身俱乐部
小白楼店: 河西区小白楼滨江购物
Binshui Xi Dao Branch
Binshui Xi Dao, Nankai District
Tel: +86 22 2338 2008
滨水西道店: 南开区滨水西道

Sheraton Hotel Fitness Center

Inside Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2228
喜来登健身美容中心
河西区紫金山路天津喜来登饭店内

Start Point Fitness Club

5F, New World of Friendship Building
No. 208, Binjiang Dao, Heping District
Tel: +86 22 2331 8222
起点健身俱乐部
和平区滨江道208号友谊新天地5层

Tina Dancing Class

Weijin Lu Branch
Room 805, bldg. B, Caifu Building
Weijin Lu, Nankai District
Tel: +86 22 2781 6644
舞蹈健身中心
卫津路店: 南开区卫津路财富大厦B座
805室

Heiniu Cheng Dao Branch

23F, room 1003, door 3, bldg. B03,
SOHO Gongshe, Century City
Heiniu Cheng Dao, Hexi District
Tel: +86 22 8829 8330
黑牛城道店: 河西区黑牛城道世纪城
SOHO工社B03座31门1003室23层

Tudor Gymnasium Club

8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部
和平区解放北路118号信达广场8层

TIANJIN

Outdoor Clubs

Able Outdoor

1F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5007
全能户外俱乐部
南开区滨水西道奥城商业广场A4区1层

Y. Q. B. Outdoor Sports Club

No. 400, Anshan Xi Dao, Nankai District
Tel: +86 22 2737 3435
坚石游骑户外运动俱乐部
南开区鞍山西道400号

Swimming Pools

GLO Fitness & Health Club Swimming Pool

6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕-健康中心游泳池
和平区南京路189号天津日航酒店6层

Indoor Swimming Pool

4F, Health Club
Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2318
室内游泳池
河北区海河东路凤凰商贸广场天津海河
假日酒店4层

Sheraton Hotel Tianjin Swimming Pool

1F, Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登酒店游泳池
河西区紫金山路天津喜来登大酒店1层

Swimming Pool at Radisson Plaza Hotel Tianjin

4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
河东区新开路66号
天津天诚丽笙世嘉酒店4层

Tudor Gymnasium Club Swimming Pool

8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部游泳池
和平区解放北路118号信达广场8层

Tennis Courts

Tianjin People's Stadium Tennis Court
The junction of Chengdu Dao and
Guizhou Lu, Heping District
Tel: +86 22 2339 0979
人民体育馆网球场
和平区贵州路与成都道交口

Tianjin Tennis Center

No. 9, Fukang Lu, Nankai District
Tel: +86 22 2359 1964
天津市网球中心
南开区复康路9号

Decoration

C. L. Ma Furniture

(Next to Bar Street)
No. 16, Youyi Lu, Hexi District
Tel: +86 22 2837 6110
可尔马家具
河西区友谊路16号(酒吧街旁)

Deng Fa Zhuang Shi Cheng

No. 873, Dagu Nan Lu, Hexi District
Tel: +86 22 2828 9718
登发装饰城
河西区大沽南路873号

Dick's Home Decoration Shop

1F, Bldg. B, Rainbow Furniture City
Behind Zhong Huanxian Rainbow Garden
Changjiang Dao, Nankai District
Tel: +86 22 2763 5886
迪克家私专卖店
南开区长江道中环线长虹公园对面长虹家具城B区1层

Maccaline

No. 29, Heiniu Cheng Dao, Hexi District
Tel: +86 22 8831 0888
红星美凯龙国际家居广场
河西区黑牛城道29号

Mingjia Decoration City

No. 59, Jintang Lu, Hedong District
Tel: +86 22 2402 1616
名家装饰城
河东区津塘路59号

The Home Depot

No. 228, Hongqi Lu, Nankai District
Tel: +86 22 8761 3636
家得宝
南开区红旗路228号

Electrical Appliances

Buynow Mall

No. 366, Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7666
百脑汇
南开区鞍山西道366号

Core Mall

No. 259, Anshan Xi Dao, Nankai District
Tel: +86 22 2305 9000
时代数码广场
南开区鞍山西道259号

Cybermart Digital Square

No. 381, Anshan Xi Dao, Nankai District
Tel: +86 22 2746 9951
赛博数码广场
南开区鞍山西道381号

Gome

The junction of Dagu Nan Lu
and Jiefang Nan Lu, Hexi District
Tel: +86 22 5866 3111
国美电器
河西区解放南路与大沽南路交口

Su Ning

No. 88, Zhongshan Lu, Hexi District
Tel: +86 22 26291502
苏宁电器
河北区中山路88号

House Services

Butler Wing

No. 17, Tai'er Zhuang Lu, Heping District
Tel: +86 138 2118 6363
管家婆
和平区台儿庄路17号

Sunshine Jiaxin Cleaning Service Co., Ltd.

Room 427, Bldg. C, Yunlang Building
No. 149, Weijin Lu, Heping District
Tel: +86 22 2353 5103
阳光嘉信保洁服务有限公司
和平区卫津路149号云琅大厦C座427室

Tianjin Shuimeilian House Cleaning Service

No. 904, Bldg. B, Caifu Building
No. 43, Weijin Lu, Heping District
Tel: +86 22 2781 9805
天津睡美莲家政服务

和平区卫津路43号财富大厦B座904号

Laundry

Cheng Wu Laundry

No. 4, Hualong Dao, Hedong District
Tel: +86 22 2441 7616
诚屋洗衣
河东区华龙道4号

Fornet

No. 58, Xikang Lu, Heping District
Tel: +86 22 2333 2888
福奈特
和平区西康路58号

Isa Laundry

Room 101, A-2, Cuihu Hot Spring Garden
Xiaguang Dao, Nankai District
Tel: +86 22 8575 4846
伊尔萨洗衣店
南开区霞光道翠湖温泉花园A-2 101室

**Deng Fa Zhuang Shi Cheng 登发装饰城 City for Design**

Explore the first floor with over twelve categories of shops that include tiles, ceiling fixtures, glass, carpet, lamps, paints, and stairs. The second floor adds to the luster of your new home with windows, curtains, kitchen and bathroom ware and more. The third floor is made for different markets to include office furniture, children's decorations, and European style furniture.

This three plaza complex of over 8 million square meters surely won't disappoint. Service is mostly in Chinese, but if you can point to what you like and bring a calculator, you will be able to communicate. Bargaining is encouraged. Larger items can be delivered to your house upon request at no additional cost. Most items come with a one-year warranty, but be sure to inquire about this before committing to a purchase.

The environment is clean, but the stores are often bustling with some shop having a promotion almost every day of the year. Signage is in Chinese, but most items can be found easily if you bring a photograph or the Chinese characters for it. Prices are also competitive to other interior design outlets.

With not one, not two, but three floors in each plaza and over 2,000 stores to choose from, Deng Fa has all your interior design needs.

🏠 No. 873, Dagu Nanlu, Hexi District 河西区大沽南路873号

🕒 09:00 - 17:30 📞 +86 22 2828 9718

Map >>> Tianjin Municipality



Map >>> Central Binhai New Area



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Nankai District, 300381 TIANJIN, P.R. CHINA
Tel : +86 22 2391 7700 Fax : +86 22 2391 0555
E-mail : csc@boxinves.com





拱北门 North

- | | | |
|---------------------------------------|---|-------------------------------|
| 古籍书店 Ancient Books Bookstore | 三家園 San Jia Yuan | 黔城餐厅 Vista Guizhou Restaurant |
| 卓回珠宝 Zhuohui Jewelry Store | 青銅名器 Bronze Antique Shop | |
| 归真草堂 Guizhen Chemist's Shop | 雅士烟斗 Yashi Pipe Store | |
| 通水晶 Ritong Crystal | 天津津派书画城 Tianjin Jin-Style Painting and Calligraphy Town | |
| 玉贵堂 Yu Gui Tang | 藏天閣 | |
| 凯楼客栈 Kailou Hotel | 卓本堂 Cao Ben Tang Chemist's Shop | |
| 七里香珠宝 Qi Li Xiang Jewelry Store | 翰林苑 Han Lin Yuan | |
| 东艺斋 Dong Yi Zhai | 东瀛閣 Dong Ying Ge | |
| 御古林 Yu Gu Lin | | |
| 福缘家具店 Fu Yuan Furniture Store | 宣艺斋宣纸店 Xuan Yi Zhai Rice Paper Store | |
| 华龙金店 Huawang Golden Accessories Store | 大风堂 Da Feng Tang | |
| 东方博文 Dong Fang Bo Wen | | |
| | 龙腾客栈 Longteng Hotel | |
| 宝木斋 Bao Mu Xiang | 佳怡珠宝 Jiayi Jewelry Store | |
| 宜陶居 Yi Tao Ju Pottery | 汇泉 Hui Quan | |
| 万木堂 Wan Mu Tang | 凯蒂珠宝 Kaidi Jewelry Store | |
| 根雕 Tianyi Root Carving | 兆宝堂 Zhao Bao Tang | |
| 福添老鼓 Fu Tian Lao Gu | 德谦文化 De Qian Wen Hu | |
| 玉世堂 Yu Shi Tang | 无州茶楼 Wu Zhou Tea House | |
| 见山堂 Jian Shan Tang | 宝光艺术馆 Baoguang Art Gallery | |
| 泥人张 Clay Figurine Zhang | 双喜楼 Wei's Kite | |
| 天祥珠宝 Tian Xiang Jewelry Store | 归真草堂 Guizhen Chemist's Shop | |
| 聚宝山庄 Ju Bao Shan Zhuang Antique Shop | 集艺斋画廊 Ji Yi Zhai Art Gallery | |
| 奇珍珠宝 Qina Jewelry Store | 悦雅阁 Gui Yuan Ge | |
| 聚宝山庄 Jubao Ge | 聚缘珠宝 Ju Yuan Jewelry Store | |
| 德孚堂 De Fu Tang | 御明园古典家具展厅 3F Yumingyuan Antiquary Furniture Exhibition | |
| 聚宝山庄 Jubao Shanzhuang | 天津市首饰厂金店 Golden Store of Tianjin Jewelry Factory | |

城厢中路 Cheng Xiang Zhong Lu

城厢中路 Cheng Xiang Zhong Lu

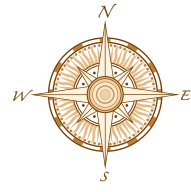
鼓楼北街 Gulou Bei Jie
拱北 North
安西 West
镇东 East
定南 South

- | | | |
|--|--|---|
| 北方古玩城 North Antique Shop | 御明园古典家具展厅 3F Yumingyuan Antiquary Furniture Exhibition | 天津首饰厂金店 Golden Store of Tianjin Jewelry Factory |
| 三宝精品店 Sanbao Gift Shop | | |
| 新世纪画廊 New Century Art Gallery | 石之美 Shi Zhi Mei | 奕生轩 Yi Sheng Xuan |
| 小福来琴行 Xiao Fu Lai Music Shop | 天津戏曲博物馆 Tianjin Opera Museum | |
| 聚宝堂 Jubao Chemist's Shop | | |
| 格格府 Museum of Princess of Qing Dynasty | | |
| 山人油画 Shanren Oil Painting Art Gallery | 吉优快捷酒店 Jiyou Business Hotel | |
| 筝和天下古筝艺术中心 Zhenghe Tianxia Cheng Art Center | 麻辣烫 Fried Bean Curd and Beef with Cayenne Pepper | 津味包子铺 Jinwei Steamed Buns |
| 明清家居馆 Ming and Qing Dynasty Furniture Store | | 龙成饺子 Longcheng Dumpling |
| 东方古典家具展厅 Anqing East Furniture Exhibition | | 皮糖张 Pitang Zhang |
| 乐佛宾馆 Lefo Hotel | | |
| 三多堂古典家具 San Duo Tang Antique Furniture | | |
| 茗茶馆 Mingliu Tea House | | |
| 东南亚特产商行 Southeast Asia Special Local Product | | |
| 乐盛源古典家具 Le Sheng Yuan Antique Furniture | | |
| 百姓之家家常菜 Bai Xing Zhi Jia Restaurant | | |
| 马记富来饭庄 Ma Ji Fu Lai Restaurant | | |
| 敦煌千子莲足道 Dunhuang Qianzilian Footbath | | |
| | 影人茗居 Shutterbug Club | |

定南门 South Gate



鼓楼东街 Gulou Dong Jie





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Hotels

★★★★★ 5 Stars

Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888
天津滨海圣光量度假酒店
空港物流加工区中心大道55号

Golden Crown Hotel
No. 18, Nanjing Lu, Hexi District
Tel: +86 22 2303 8866
金皇大酒店
河西区南京路18号

Golden Ocean Hotel
No. 338, Nanjing Lu, Nankai District
Tel: +86 22 2746 6666
金泽大酒店
南开区南京路338号

Harbor Centre Hotel
No. 240, Zhangzi Zhong Lu
Heping District
Tel: +86 22 8331 0888
港湾中心酒店
和平区张自忠路240号

Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888
天津海河假日酒店
河北区海河东路凤凰商贸广场

Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
天津日航酒店
和平区南京路189号

**Hyatt Regency Jing Jin City
Resort & Spa**
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
天津新城凯悦酒店
宝坻区周良庄珠江大道8号

Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
天津天诚丽笙世嘉酒店
河东区新开路66号

Raffles Tianjin Hotel
No. 219, Nanjing Lu, Heping District
Tel: +86 22 2321 5888
天津莱佛士酒店
和平区南京路219号

Renaissance Tianjin Hotel
No. 105, Jianshe Lu, Heping District
Tel: +86 22 2302 8888
天津滨江万丽酒店
和平区建设路105号

Sheraton Hotel Tianjin
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388
天津喜来登大酒店
河西区紫金山路

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆
南开区复康路7号

The Westin Tianjin
No. 101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
天津君隆威斯汀酒店
和平区南京路101号

Tian Bao International Hotel
No. 368, Jingmen Da Dao
Baoshui District
Tel: +86 22 2576 1588
天津天保国际酒店
保税区京门大道368号

Tianjin Saixiang Hotel
No. 8, Meiyuan Lu, Huayuan Industrial
Area, Nankai District
Tel: +86 22 2376 8888
天津赛象酒店
南开区华苑产业区梅苑路8号

★★★★ 4 Stars

Best Western Byronn Hotel Tianjin
No. 90, Xi'er Dao, Airport Industrial Park
Tel: +86 22 8486 0000
Global free reservation telephone: 0800
0013 1779
天津空港白云酒店
空港物流加工区西二道90号

Crystal Palace Hotel Tianjin
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
天津水晶宫饭店
河西区友谊路28号

Geneva Hotel
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2835 2222
津利华酒店
河西区友谊路32号

Jinbin International Hotel
No. 135, Anshan Dao, Heping District
Tel: +86 22 8331 1818
晋滨国际大酒店
和平区鞍山道135号

Jun Yue Hotel
No. 16, Guizhou Lu, Heping District
Tel: +86 22 2308 8888
君悦酒店
和平区贵州路16号

Tianyu Hotel
No. 19, Diantai Dao, Heping District
Tel: +86 22 2360 3388
天津天宇大酒店
和平区电台道19号

★★★ 3 Stars

East Asia Hotel
No. 41, Hanyang Dao, Heping District
Tel: +86 22 2783 8888
东亚大酒店
和平区汉阳道41号

Friendship Hotel
No. 9, Nanjing Lu, Heping District
Tel: +86 22 2331 5334
友谊宾馆
和平区南京路94号

Fulan Te Hotel
No. 231, Xinhua Lu, Heping District
Tel: +86 22 83326398
富蓝特大酒店
和平区新华路231号

TIANJIN

Liulin Hotel
Dagu Nan Lu, Hexi District
Tel: +86 22 2812 4848
柳林宾馆
河西区大沽南路

Ocean Hotel Tianjin
1F, Guidu Building
No. 89, Yingkou Dao, Heping District
Tel: +86 22 2331 4107
天津远洋宾馆
和平区营口道89号贵都大厦1层

Tianjin First Hotel
No. 158, Jiefang Bei Lu, Heping District
Tel: +86 22 8824 3372
第一饭店
和平区解放北路158号

Apartments

Astor Apartment
No. 32, Tai'er Zhuang Lu, Heping
District
Tel: +86 22 2303 2888
利顺德公寓
和平区台儿庄路32号

Crystal Palace Hotel Apartment
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
水晶宫饭店公寓
河西区友谊路28号

Magnetic Capital Apartments
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5488
奥城商业广场酒店公寓
南开区滨水西道

Sheraton Apartment
Zijin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登公寓
河西区紫金山路



Somerset Olympic Tower
No. 126, Chengdu Dao, Heping District
Tel: +86 22 2335 5888
天津盛捷奥林匹克大厦服务公寓
和平区成都道126号

Somerset Youyi
No. 35, Youyi Road, Hexi District
Tel: +86 22 2810 7888
天津盛捷友谊服务公寓
河西区友谊路35号

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆公寓
南开区复康路7号

Tianjin Centre Residences
No. 219, Nanjing Lu, Heping District
Tel: +86 22 5868 2888
天津中心公寓
和平区南京路219号

RECREATION

Art Galleries

Dongrui Art Gallery
No. 25, Zhejiang Lu, Heping District
Tel: +86 22 2330 3499
冬蕊艺术画廊
和平区浙江路25号

Hui Tai Art Centre
3F, bldg. E, Art Building
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2339 7759
汇泰艺术中心
和平区台儿庄路6号院艺术区E座3层

No. 6 Art Gallery
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2332 2195
六号院艺术馆
和平区台儿庄路6号

Tianjin Academy of Fine-Arts
No. 4, Tianwei Lu, Hebei District
Tel: +86 22 2624 1540
天津美院美术馆
河北区天纬路4号

Tianjin Art Gallery
Wenlian Building
No. 237, Xinhua Lu, Heping District
Tel: +86 22 2330 4156
天津美术展览馆
和平区新华路237号文联大楼

Western Shore Art Gallery
No. 3, the junction of Machang Dao and
Youyi Bei Lu, Hexi District
Tel: +86 22 2326 3515
西岸艺术馆
河西区友谊北路与马场道交口3号

**Yang Liqing New Year Pictures
Workshop**
Room 102, door 4, Bldg. 17, Shiji Xinyuan
Yangliu Qing Zhen
Tel: +86 22 2739 4834
杨柳青年画作坊
杨柳青镇世纪新苑17号楼4门102室

Billiard

Ju Chuan Billiards Town
No. 16, Diantai Dao, Heping District
Tel: +86 22 8734 0958
巨川台球城
和平区电台道16号

Bowling

Pilibao Bowling Center
5F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0958
霹雳保龄球中心
南开区东马路138号新世界百货5层

**Tianma Entertainment City Bowling
Alley**
10F, Jili Building
Nanjing Lu, Heping District
Tel: +86 22 2722 1086
天马娱乐城保龄球坊
和平区南京路吉利大厦10层

Xiaoxian Dao Bowling Center
No. 18, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2391 1555
消闲岛保龄球中心
河西区环湖中路18号

Museums

China House Museum
No. 72, Chifeng Dao, Heping District
Tel: +86 22 2314 6666
瓷房子博物馆
和平区赤峰道72号

Folklore Museum
No. 80, Ancient Cultural Street
Nankai District
Tel: +86 22 2727 5062
民俗博物馆
南开区古文化街80号

**Memorial Hall to Zhou Enlai and
Deng Yingchao**
Shuishang Gongyuan Bei Dao
Nankai District
Tel: +86 22 2359 2257
周恩来邓颖超纪念馆
南开区水上公园北道

Natural History Museum
No. 206, Machang Dao, Hexi District
Tel: +86 22 2335 1895
自然博物馆
河西区马场道206号

Tianjin Art Museum
No. 12, Chengde Dao, Heping District
Tel: +86 22 2312 2767
天津艺术博物馆
和平区承德道12号

Tianjin Museum
No. 31, Youyi Lu, Hexi District
Tel: +86 22 5879 3000
天津博物馆
河西区友谊路31号

Tianjin Princess Residence Museum
No. 30-32, Gulou Nan Jie
Nankai District
Tel: +86 22 2727 7755
天津格格府典藏博物馆
南开区鼓楼南街30-32号

Tianjin Science & Technology Museum
No. 94, Longchang Lu, Hexi District
Tel: +86 22 2832 0315
(Closed on Monday)
天津科技馆
河西区隆昌路94号

Tianjin Urban Planning Museum
The junction of Bei'an Dao and
Bo'ai Dao, Hebei District
Tel: +86 22 2445 6501
天津市规划展览馆
河北区博爱道和北安道交口

Wu Da Dao Historical Museum
Minyuan Dalou
Chongqing Dao, Heping District
Tel: +86 22 2330 2419

五大道历史博物馆
和平区重庆道民园大楼

Yangliuqing Museum
No. 47, Guiyi Jie, Yangliu Qing Zhen
Xiqing District
Tel: +86 22 2739 1617
杨柳青博物馆
西青区杨柳青镇估衣街47号

Parks

Binhai Aircraft Carrier Theme Park
Baguatan, Yingchengzhen, Hangu District
Tel: +86 22 5991 8888 / 8007
滨海航母主题公园
汉沽区营城镇八卦滩

Er Gong Park
Guanhua Lu, Hedong District
Tel: +86 22 2330 2419
二宫公园
河东区光华路

Hedong Park
No. 120, Chenglin Dao, Hedong District
Tel: +86 22 2359 2257
河东公园
河东区程林庄道120号

Jin Gang Park
No. 286, Zhongshan Lu, Hebei District
Tel: +86 22 2335 1895
金钢公园
河北区中山路286号

The People's Park
No. 29, Huizhou Dao, Hexi District
Tel: +86 22 2324 0371
人民公园
河西区徽州道29号

Tianjin Amusement Park
Leyuan Dao, Hexi District
Tel: +86 22 2833 4960
天津乐园
河西区乐园道

Tianjin Botanical Garden
Qihao Qiao Bei, Waihuan Xian
Xiqing District
Tel: +86 22 2794 8011
热带植物园
西青区外环线七号桥北

Tianjin Water Park
No. 33, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2335 0095
天津水上公园
南开区水上公园北路33号

Tianjin Zoo
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2391 5066
天津动物园
南开区水上公园东路

Zhongshan Park
No. 286, Zhongshan Lu, Hebei District
Tel: +86 22 2335 1895
中山公园
河北区中山路286号

Theatres and Cinemas

Binhui Theatre
No. 6, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2335 2226
滨湖剧院
河西区环湖中路6号

Imax China Film
3F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9060
中影国际影城
和平区解放北路津湾广场6区3层

Jinyi International Cinema
3F, Bldg. B, Magnetic Capital
No. 8, Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5088
(Every Tuesday half price)
金逸国际影城
南开区滨水道8号奥城商业广场B区3层

Paradise Cinema
No. 35, Tianjin Istyle Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4969
天堂电影院
河北区自由道意大利风情街35号

Tianjin Concert Hall
No. 88, Jianshe Lu, Heping District
Tel: +86 22 2332 0068
天津音乐厅
和平区建设路88号

Tianjin Grand Theatre
The junction of Binshui Dao and
Youyi Lu, Hexi District
Tel: +86 22 2835 6028
天津大剧院
河西区友谊路与滨水道交口

Tianjin People's Art Theatre
No. 43, Pingshan Dao, Hexi District
Tel: +86 22 2334 1090
天津人民艺术剧院
河西区平山道43号

Wanda Warner International Cinema
2F, Block E, Wanda Business Square
No. 168, Heping Lu, Heping District
Tel: +86 22 2722 6619
(Every Wednesday half price)
华纳万达影城
和平区和平路168号万达广场E座2层

Education

Chinese Language Schools

Care International Language Training
Room 1402, bldg. 3, Chengji Centre
Nanjing Lu, Heping District
Tel: +86 22 2737 3937
凯尔语言培训中心
和平区南京路诚基中心3号楼1402室

Tianjin China Cultural Institute
No. 340, Anshan Xi Dao, Nankai District
Tel: +86 22 2741 3545
天津中华文化学院
南开区鞍山道340号

TLI Language Institute in Tianjin
Room 1808, bldg. B, Sunny Square
Shiyijing Lu, Hedong District
Tel: +86 22 2421 8989
中华语文研习所
河东区十一经路三联大厦B座1808室

High/Middle Schools

Nankai High School
No. 22, Nankai Sima Lu, Nankai District
Tel: +86 22 2748 3391
南开中学
南开区南开四马路22号

No. 1 High School
No. 117, Xi'an Dao, Heping District
Tel: +86 22 2339 1126
天津第一中学
和平区西安道117号

Tianjin Experimental High School
No. 1, Pingshan Dao, Hexi District
Tel: +86 22 2335 4658
天津实验中学
河西区平山道1号

Tianjin Xinhua High School
No. 99, Machang Dao, Hexi District
Tel: +86 22 8165 3068
天津新华中学
河西区马场道99号

International Schools

International School of Tianjin
Weishan Lu, Jinnan District
Tel: +86 22 2859 2001
国际学校天津分校
津南区津南微山路

King's English for Kids
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 5862 7779
皇家少儿英语
南开区滨水道奥城商业广场A4

Pingu's English Tianjin Tianta Center
No. 1-9, bldg. A, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7272
南开区天塔道上谷商业街A座1-9号

Tianjin International School
No. 1, Meiyuan Lu, Huayuan Industrial
Area, Nankai District
Tel: +86 22 8371 0900
天津国际学校
南开区华苑产业区梅苑路1号

Tianjin Rego International School
No. 38, Huandao Xi Lu, Meijiang Nan
Hexi District
Tel: +86 22 8816 1180
天津瑞金国际学校
河西区梅江南环岛西路38号

Wellington College International Tianjin
No. 1, Yide Dao, Hongqiao District
天津惠灵顿国际学校
红桥区义德道1号

TIANJIN

Kindergartens

Amy Baby Early Education Centre
2-141-1, New Harbor Business Centre
Meijiang, Youyi Nan Lu, Hexi District
Tel: +86 22 2373 0000
艾米国际教育
河西区友谊南路
梅江新海湾商业广场2-141-1

Hopeland International Kindergarten & Day Care Center
No. 46, Xiaguang Dao, Weijin Nan Lu
Nankai District
Tel: +86 22 2392 3803
华兰国际幼稚园
南开区卫津南路霞光道46号

Primary Schools

Tianjin Primary School
No. 977, Dagu Nan Lu
Hexi District
Tel: +86 22 8832 0569
天津小学
河西区大沽南路977号

Tianjin Zhongshan Primary School
No. 1, Tiyan Bei Huanhu Zhong Dao
Hexi District
Tel: +86 22 2335 8273
天津中山小学
河西区体院北环湖中道1号

Universities

German Language Centre, Tianjin Foreign Studies University
Bldg. 3, Tianjin Foreign Studies University
No. 177, Machang Dao, Hexi District
Tel: +86 22 2326 5642
天津外国语学院 歌德语言中心
河西区马场道117号天津外国语学院3号楼

Nankai University
No. 94, Weijin Lu, Nankai District
Tel: +86 22 2350 1583
南开大学
南开区卫津路94号

Tianjin Medical University
No. 22, Qixiangtai Lu, Heping District
Tel: +86 22 2354 2621
天津医科大学
和平区气象台路22号

Tianjin Normal University
No. 241, Weijin Lu, Hexi District
Tel: +86 22 2354 0091
天津师范大学
河西区卫津南路241号

Tianjin Polytechnic University
No. 63, Chenglin Dao, Hedong District
Tel: +86 22 2452 8022
天津工业大学
河东区成林道63号

Tianjin University
No. 92, Weijin Lu, Nankai District
Tel: +86 22 2740 7575
天津大学
南开区卫津路92号

TIANJIN

Tianjin University of Finance and Economics
No. 25, Zhujiang Dao, Hexi District
Tel: +86 22 2817 1399
天津财经大学
河西区珠江道25号

Tianjin University of Science and Technology
No. 1038, Dagu Nan Lu, Hexi District
Tel: +86 22 6027 3336
天津科技大学
河西区大沽南路1038号

Tianjin University of Traditional Chinese Medicine
No. 312, Anshan Xi Dao, Nankai District
Tel: +86 22 2748 6658
天津中医学院
南开区鞍山道312号

Exhibition Centre

Tianjin International Exhibition Center
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2801 2988
天津国际会展中心
河西区友谊路32号

Library

Tianjin Library
No. 15, Fukang Lu, Nankai District
Tel: +86 22 2362 0082
天津图书馆
南开区复康路15号

Real Estate

Century 21 Real Estate
No. 58, Youyi Lu, Hexi District
Tel: +86 22 2836 8821
21世纪不动产
河西区友谊路58号

Sumimoto Real Estate
2-2-1901, Chengji Center, Heping District
Tel: +86 22 2316 1511
住友不动产
和平区诚基中心2-2-1901

Sunco
No. 6, Munan Dao, Hexi District
Tel: +86 22 2312 9913
顺地
河西区睦南道6号

Tianjin Centaline Property Consultants Co., Ltd.
No. 9-128, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 139 2044 9150
天津中原物业顾问有限公司
南开区滨水道奥城商业广场9-128号

Tianjin Shengyida Real Estate Consultant
Room 101, E-7, Rome Garden
Yong'an Dao, Hexi District
Tel: +86 22 2324 6098
天津圣义达房地产咨询有限公司
河西区永安道罗马花园E-7101室

Relocation Companies

E-Smart Relocation Consultants Co., Ltd.
19B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2836 0997
天津市伊玛特房地产服务有限公司
河西区滨水道15号紫金花园2座19B

LC Relocation C21
No. 68, Yuexiu Lu, Hexi District
Tel: +86 138 2099 1956
河西区越秀路68号

Royal Relocation Consultants
20B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2813 6943
荣联房地产服务有限公司
河西区滨水道15号紫金花园2座20B

Tianji ANQI Relocation Co., Ltd.
Room 1531, Economic Unite Center Plaza
No. 305, Nanjing Lu, Heping District
Tel: +86 22 2746 3863
天津安祺房地产有限公司
和平区南京路305号经济联合大厦1531室

Vanguard Relocation Business Co., Ltd.
1F, Sale and Rental Centre
Huasheng Plaza
Weidi Dao, Hexi District
Tel: +86 22 8823 8855
万家房地产经纪有限公司
河西区围堤道华盛广场租售中心1层

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China Youth Travel Agency
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Rongye Dajie, Heping District
Tel: +86 22 2731 6688
中国青年旅行社
和平区荣业大街新文化花园2层

Classical Holiday Travel Service
27F, Block B, Triumphal Arch Building
No. 66, Nanjing Lu, Hexi District
Tel: +86 22 2302 1813
经典假期旅行社
河西区南京路66号凯旋门大厦B座27层

Tianjin China International Travel Service (CITS)
No. 22, Youyi Lu, Hexi District
Tel: +86 22 2810 9123
天津中国国际旅行社
河西区友谊路22号

Tianjin China Travel Service
No. 16, Pingshan Dao, Hexi District
Tel: +86 22 2430 1330
天津市中国旅行社
河西区平山道16号

Tianjin CITIC International Travel Co., Ltd.
No. 2, Zhengzhou Dao, Heping District
Tel: +86 22 2316 1795
天津中信国际旅行社有限公司
和平区郑州道2号

Tianjin Daya Travel Service
Room 616, Bainaohui Technology Building
Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7537
天津大亚旅行社
南开区鞍山道百脑汇科技大厦616室

Tianjin Kanghui Travel Service
Room 1701, Xinhua Building
Xinhua Lu, Heping District
Tel: +86 22 2313 3872
天津康辉旅行社
和平区新华路新华大厦1701室

Antiques & Souvenirs

Ancient Cultural Street
Ancient Cultural Street, Nankai District
古文化街
南开区古文化街

Drum Tower
Drum Tower, Nankai District
鼓楼
南开区鼓楼

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳道古物市场
和平区沈阳道

Department Stores & Shopping Malls

8 Miles New Culture Plaza
No. 109, Weijin Nan Lu, Heping District
Tel: +86 22 2351 3366
八里台新文化广场
和平区卫津南路109号

Binjiang Shopping Center
No. 29, Kaifeng Dao, Heping District
Tel: +86 22 2330 6218
滨江购物中心
和平区开封道29号

Far Eastern Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2727 1688
远东百货
和平区南京路128号

Hisense Plaza

No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8888
海信广场
和平区解放路188号

How Why

No. 199, Nanjing Lu, Heing District
号外时尚馆
和平区南京路199号

International Department Store

No. 211, Nanjing Lu, Heping District
Tel: +86 22 2781 4108
国际商场
和平区南京路211号

Isetan

Block C, Modern Town
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹
和平区南京路108号现代城 C区

Jin Wan Plaza

Jiefang Bei Lu, Heping District
津湾广场
和平区解放北路

Maigo

No. 211, Binjiang Dao, Heping District
Tel: +86 22 2711 8861
麦购体闲广场
和平区滨江道211号

New World Shopping Centre

No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 1858
新安购物广场
南开区东马路138号

OLE Shopping Plaza

No. 300, Binjiang Dao, Heping District
Tel: +86 22 2723 0333
欧乐时尚广场
和平区滨江道300号

Parkson Shopping Centre

No. 162, Heping Lu, Heping District
Tel: +86 22 8558 6688
百盛购物广场
和平区和平路162号

Robbinz Department Store

No. 128, Nanjing Lu, Heping District
Tel: +86 22 2718 8080
乐宾百货
和平区南京路128号

The Exchange

No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1818
津汇广场
和平区南京路189号

Tianjin Quanye Bazaar

No. 290, Heping Lu, Heping District
Tel: +86 22 2730 3771
天津劝业场
和平区和平路290号

Tianjin Department Store

No. 172, Heping Lu, Heping District
Tel: +86 22 2721 1404
天津百货大楼
和平区和平路172号

Tianjin Friendship Department Store

No. 21, Youyi Lu, Hexi District
Tel: +86 22 6086 0000
天津友谊大厦
河西区友谊路21号

Bookstores**Hai Guang Si Book City**

Xindu Building, Hai Guang Si, Weijin Lu
Nankai District
No. 22, 2777 8505
Tel: +86 22 2777 8505
海光寺书城
海光寺天津路新都大厦

Tianjin Book Building

No. 362, Dagu Nan Lu, Hexi District
Tel: +86 22 2306 2335
天津图书大厦
河西区大沽南路362号

Tianjin Dongbeijiao Xinhua Bookstore

No. 2, the junction of Dongma Lu and
Dongbeijiao Bei Lu, Nankai District
Tel: +86 22 2727 3467
天津东北角新华书店
南开区东北角北马路与东马路交口2号

Tonglou Foreign Languages Bookstore

No. 184, Machang Dao, Hexi District
Tel: +86 22 2335 8058
佟楼外文书店
河西区马场道184号

Clothing Stores**Baby Shop**

A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5117
婴之宝
南开区滨水西道奥城商业广场A4

Fudeng Qipao Store

No. 110-1, Ancient Cultural Street
Nankai District
Tel: +86 22 2725 0912
福登旗袍店
南开区古文化街110-1号

Gucci

1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8138
古琦
和平区解放北路188号海信广场1层

Milano Luxury

2F, Bldg. A, International Department
Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2782 3302
华丽米兰
和平区南京路211号国际商场A座2层

Promod

1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
波芒得
和平区南京路128号乐宾百货1层

Uniqlo

1F, Bldg. A, International Department
Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2783 2789
优衣库
和平区南京路211号国际商场A座1层

Zara

1-2F, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 1917
飒拉
和平区南京路209号吉利大厦1-2层

Health & Beauty Stores**Mannings**

Jili Building Store
1F, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2722 0346
万宁
吉利大厦店:
和平区南京路209号吉利大厦1层

Robbinz Department Store
1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8136
乐宾百货店:
和平区南京路128号乐宾百货1层

Sephora Tianjin Milenio Store

1F, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 0571
Sephora 丝芙兰天津米莱欧店
和平区南京路209号吉利大厦1层

Watsons

1F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0922
屈臣氏
南开区东马路138号新安购物广场1层

International Products Stores**7-Eleven**

Binjiang Shopping Center, no. 29
Kaifeng Dao, Xiao Bai Lou (1902 Street)
Heping District
Tel: +86 22 2330 5040
和平区小白楼开封道29号滨江购物中心

BuyUs International Inc.

Room 819, F-South Bldg., High-Tech
Info Square
No. 8, Huatian Dao, Huayuan Industrial
Park, Nankai District
Tel: +86 22 2370 7382
南开区华苑产业区华天道8号华泰信息广场F南座819室

TIANJIN

Kalosi Coffee

A1, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2338 8891
卡洛西咖啡
南开区滨水西道奥城商业广场A1

Le Select

No. 24, Kaifeng Dao, Xiaobai Lou (1902
Street), Heping District
Tel: +86 22 2311 1778
西米克红酒体验馆
和平区小白楼开封道24号

Madame He Imported Wine & Beer

No. 291, Namen Wai Dajie, Heping District
Tel: +86 22 2697 8079
何夫人进口酒水专卖店
和平区南门外大街291号

Miel Household Goods

A77, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 137 5202 2380
蜜迩家居用品
南开区滨水西道奥城商业广场A77

Teresa Fine Wines

A1-12, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 8833 3237
珊珊精品酒屋
南开区滨水西道奥城商业广场A1-12

Tianjin Fu Shi-Song

(Apple Authorised Reseller)
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5072
天津富士松(苹果授权经销商)
南开区滨水西道奥城商业广场A4

TIANJIN PLUS
The only online in the city

FREELANCE WRITERS NEEDED

- English speaker with experience in reporting and editing
- Basic knowledge of Chinese language and culture are a plus

If interested, please email your resume and writing samples to editor@tianjinplus.com

TIANJIN

Vajra

1F, E-Mart, A1-20, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5020
吉恒精品
南开区滨水西道奥城商业广场A1-20易买得1层

Jewellery and Watches Stores**Rolux**

1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8121
劳力士
和平区解放北路188号海信广场1层

Swarovski

1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8108
施华洛世奇水晶轩
和平区解放北路188号海信广场1层

Music Stores**Gold Music**

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 139 2083 2047
金色琴行
河东区八纬路与十四经路交口音乐街

Highway Musical Co., Ltd.

New World of Friendship Building
No. 65-10, Binjiang Dao, Heping District
Tel: +86 22 2721 6267
海巍乐器有限公司
和平区滨江道65-10号友谊新天地

Madame Liu

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 130 0135 5443
刘继红
河东区八纬路与十四经路交口音乐街

Ming Ren Musical Instruments

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 133 0202 1299
鸣人乐器
河东区八纬路与十四经路交口音乐街

Philharmonic Sound

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 22 2326 0913
爱乐之声
河东区八纬路与十四经路交口音乐街

Spin Guitar

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 22 2412 9490
森格乐器
河东区八纬路与十四经路交口音乐街

Tongchun Zhishu

Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 22 2305 3377
同春制书
河东区八纬路与十四经路交口音乐街

Zhang's Musical Instruments
Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 22 2728 9866
乐器张
河东区八纬路与十四经路交口音乐街

Tianjin Art Stores

Clay Figure Zhang
No. 17, Gu Wenhua Jie, Nankai District
Tel: +86 22 2727 5081
泥人张
南开区古文化街17号

Wei Kite
2F, East Wing, Gulou Bei Jie
Nankai District
Tel: +86 22 2728 0650
风筝魏
南开区鼓楼北街东侧2层

Yangliu Qing New Year Pictures
Mingqing Jie, Yangliu Qing Zhen
Xiqing District
Tel: +86 22 2739 8205
杨柳青年画
西青区杨柳青镇明清街

Markets

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳古物市场
和平区沈阳道

Ningfa Li Food Market
Shiyang Lu, Nankai District
宁发菜市场
南开区仕英路

Shuguang Li Market
The junction of Jianshan Lu and
Heiniu Cheng Dao, Hexi District
曙光里市场
河西区黑牛城道与尖山路交口

Xinxing Food Market
Tong'an Dao, Heping District
新兴菜市场
和平区同安道

Yong'an Food Market
Yong'an Dao, Hexi District
永安菜市场
河西区永安道

Supermarkets

Carrefour
Longcheng Store
No. 138, Dongma Lu
Nankai District
Tel: +86 22 2726 9696
家乐福
龙城堡: 南开区东马路138号
Hai Guang Si Store
No. 302, Nanjing Lu
Nankai District
Tel: +86 22 2721 0850
海光寺店: 南开区南京路302号

Century Mart
No. 60, Guangdong Lu
Hexi District
Tel: +86 22 2324 1688
世纪联华超市
河西区广东路60号

Crystal Palace Supermarket
No. 17, Youyi Lu, Hexi District
Tel: +86 22 2835 6888
水晶宫超市
河西区友谊路28号

E-Mart Supercenter
Magnetic Plaza Store
The junction of Lingbin Lu and
Binshui Xi Dao, Nankai District
Tel: +86 22 5869 1234
易买得超市奥城店
南开区滨水西道与凌宾路交口

Heping GOURMET Supermarket
1F, Longbin Garden
No. 5, Shuishang Xi Lu, Nankai District
Tel: +86 22 2394 7926
和平超市
南开区水上西路5号龙滨园1层

Hisense Supermarket
-1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2373 1998
海信超市
和平区解放北路188号海信广场负1层

Isetan Supermarket
-1F, Isetan
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹超市
和平区南京路108号伊势丹负1层

METRO Supermarket
No. 75, Xiqing Dao, Hongqiao District
Tel: +86 22 2732 8888
麦德隆超市
红桥区西青道75号

Vanguard Supermarket
No. 98, Qixiangtai Lu, Heping District
润万家
和平区气象台路98号

Wal-Mart
Hedong Store
The junction of Xinkai Lu and Huachang
Dajie, Hedong District
Tel: +86 22 2433 2599
沃尔玛超市
河东店: 河东区华昌大街与新开路交口
Heping Store
No. 66, Fu'an Dajie, Heping District
Tel: +86 22 5829 2955
和平店: 和平区福安大街66号



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Bakeries

Bread Cake
No. 29, 3rd Avenue, TEDA
Tel: +86 22 8576 4910
津乐园饼业有限公司
开发区第三大街29号

Bread & Sliced
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2716
面包房
开发区第一大街86号
天津滨海假日酒店11层

Craft Gourmet
1F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽美食阁
开发区第二大街29号
天津万丽泰达酒店及会议中心1层

Felicity
Back street of King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5517
飞利浦蒂
开发区第三大街32号
鸿泰仟佰汇商业广场后街

Maky Bakery
No. 27, 3rd Avenue, TEDA
Tel: +86 22 6620 8462
米旗
开发区第三大街27号

Brazilian

Salsa Churrasco
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
巴西烧烤餐厅
开发区第一大街86号
天津滨海假日酒店11层

Cantonese

Dilong Cantonese Restaurant
Binhai Development Building
No. 42, 2nd Avenue, TEDA
Tel: +86 22 6628 5222
帝龙号酒楼
开发区第二大街42号滨海发展大厦底商

Chinese

Seaport Well-known Restaurant
No. 33, 2nd Avenue, TEDA
Tel: +86 22 5981 5988
海港世家大酒楼
开发区第二大街33号

Wan Li Chinese Restaurant
2F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6750
万丽轩中餐厅
开发区第二大街29号
天津万丽泰达酒店及会议中心2层

Warner Chinese Restaurant
2F, Warner International Golf Club
No. 1, Nanhai Lu, TEDA
Tel: +86 22 2532 1000
华纳中餐厅
开发区南海路1号华纳高尔夫俱乐部2层

Yujia Dazhaimen
The Junction of Hangzhou Dao and
Chezhan Bei Lu, Tanggu District
Tel: +86 22 2581 8808
渔家大宅门
塘沽区车站北路与杭州道交口

Zen Chinese Restaurant
Citizen Plaza
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号市民广场

Zhou Ji
TEDA New Field
No. 12, Nanhai Lu, TEDA
Tel: +86 22 6628 1989
周记名都
开发区南海路12号泰达新天地

Dumpling

Bai Jiao Yuan
No. 27, Bldg. A, Guoxin Building
Zhangwang Lu, 2nd Avenue, TEDA
Tel: +86 22 6202 1188
百饺园
开发区第二大街展望路国信大厦A座27号

Fast Food

Macdonald's
No. 888, Shanghai Dao, Tanggu District
Tel: +86 22 2587 6265
麦当劳
塘沽区上海道888号

Indian & Thai

Sawasdee Thai & Indian Food
No. 1-1-7, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 132 0755 9181(English & Thai)
+86 150 2214 0351(English & Indian)
萨瓦哩泰国餐厅
开发区第三大街32号鸿泰仟佰汇商业广场
1-1-7号

Japanese

Ginga
No. 31, 3rd Avenue, TEDA
Tel: +86 22 6200 1656
银贺日本料理
开发区第三大街31号

Kuinoi
(Next to KFC)
King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6529 8581
云井日本料理店
开发区第三大街32号
鸿泰仟佰汇商业广场(肯德基旁)

TEDA & TANGGU

Mayfair Hotel Japanese Restaurant
Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店日料厅
开发区黄海路10号

Qingshui Mu
(Next to Beautiful China Building)
1st Avenue, TEDA
Tel: +86 22 2528 1020
清水木
开发区第一大街(美华大厦旁)

Rengaya
(Next to Friendship Store)
No. 19, Huanghai Lu, TEDA
Tel: +86 22 2532 4574
炼瓦家
开发区黄海路19号(友谊名都旁)

Sake'n Sushi Bar
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2730
寿司吧
开发区第一大街86号
天津滨海假日酒店11层

Seitaro
Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9522
清太郎日本料理
开发区第三大街世纪新村

Taishi-toi Japanese Restaurant
Pengren Yuan
No. 31-3, 3rd Avenue, TEDA
Tel: +86 22 6200 1656
太子亭
开发区第三大街蓬仁园31-3号

Tokugawa
No. 34, 1st Avenue, TEDA
Tel: +86 22 2528 0807
德川日本料理
开发区第一大街34号

Wangshui
B2, Perfect Garden
No. 18, Huanghai Lu, TEDA
Tel: +86 22 6620 8595
望水餐饮
开发区黄海路18号博美园底商B2

Yinghua House
King Buyer Branch
Bldg. C, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 0992
樱花屋
泰仟佰汇店: 开发区第三大街32号
鸿泰仟佰汇商业广场C座
Donting Lu Branch
No. 47, Dongting Lu, TEDA
Tel: +86 22 2532 0039
洞庭路店: 开发区东洞庭路47号

TEDA & TANGGU

Pizza

JPT Pizza
No. 32, 3rd Avenue, TEDA
Tel: +86 22 2587 6868
家必得比萨店
开发区第三大街32号

Papa John's
No. 566, Bldg. E
Juchuan Jin Hai'an Building
Shanghai Dao, Tanggu District
Tel: +86 22 2530 4862
棒约翰
塘沽区上海道巨川金海岸E区566号

Pizza Hut
No. 453, Juchuan Jin Hai'an Building
Jiefang Lu, Tanggu District
Tel: +86 22 2530 0242
必胜客
塘沽区解放路巨川金海岸商界453号

Roast Duck

Jin Bai Wan
No. 581, Xingang Lu, Tanggu District
Tel: +86 22 2579 9888
金百万
塘沽区新港路581号

Sichuan

Dilong Cantonese Flavor Restaurant
Binhai Development Building
No. 42, 2nd Avenue, TEDA
Tel: +86 22 6628 5222
天津帝龙餐饮发展有限公司
开发区第二大街42号滨海发展大厦底商

Red House
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 9438
红房子酒店
开发区黄海路88号

Teppanyaki

Baiyi Teppanyaki
No. 2-1-6, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5488
百一铁板烧
开发区第三大街32号鸿泰仟佰汇商业广场
2-1-6号

Jin Shi Teppanyaki
No. 11, Nanhai Lu, TEDA
Tel: +86 22 6621 9555
金狮铁板烧
开发区南海路11号

Qiyu Teppanyaki
Fortune City Plaza
No. 25-26, 3rd Avenue, TEDA
Tel: +86 22 2532 6633
清友铁板烧
开发区第三大街25-26号财富星座

Yupin Teppanyaki Restaurant
Royal Palace
No. 10, 2nd Avenue, TEDA
Tel: +86 22 6621 8038
御品法式铁板烧
开发区第二大街10号御景园

Vietnamese

Rong Yue Restaurant
Back street of King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5520
荣越餐厅
开发区第三大街32号鸿泰仟佰汇商业广场
后街

Western

Brasserie Restaurant
Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽西餐厅
开发区第二大街29号天津万丽泰达酒店
及会议中心

Buffalo
TEDA Football Field
No. 5, 5th Avenue, TEDA
Tel: +86 22 6628 2666
水牛石西餐厅
开发区第五大街5号泰达足球场

Delights Restaurant & Bar
The junction of Huanghai Lu and
2nd Avenue, TEDA
Tel: +86 22 6620 9874
狄拉西餐厅
开发区第二大街与黄海路交口

German Lowenbrau Restaurant & Bar
2F, Citizen Plaza
No. 86, 1st Avenue, TEDA
Tel: +86 22 6622 5129
莱运宝西餐厅酒吧
开发区第一大街86号市民广场2层

Parrot Restaurant & Bar
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 1663
鹦鹉西餐厅酒吧
开发区黄海路88号

Western Oriental Restaurant
4F, No. 8, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5525
哇餐厅
开发区第三大街32号
鸿泰仟佰汇商业广场8号4层

Coffee Shops

1st Avenue Café
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
第一大道咖啡厅
开发区第一大街86号
天津滨海假日酒店11层

Manabe Coffee
No. 108, Cuiheng Plaza – West Wing
3rd Avenue, TEDA
Tel: +86 22 6629 1611
真锅咖啡
开发区第三大街翠亨广场东部108号

SPR Coffee
No. 3, Hongda Jie, TEDA
Tel: +86 22 6629 2566
SPR 咖啡
开发区宏达街3号

Starbucks Coffee
Tanggu Branch
C102, Juchuan Jin Hai'an Building
No. 453, Jiefang Lu, Tanggu District
Tel: +86 22 2589 3409
星巴克咖啡
塘沽店: 塘沽区解放路453号巨川金海岸
商界C102
TEDA Branch
No. 19, Huanghai Lu, TEDA
泰达店: 开发区黄海路19号

UBC Coffee
No. 39-10, 3rd Avenue, TEDA
Tel: +86 22 6620 9522
上岛咖啡
开发区第三大街39-10号

Tea House

Aiwan Ting Tea House
1F, Section F, Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9541
爱晚亭茶苑
开发区第三大街世纪新村



TEDA & TANGGU

Bars & Discos

668 Club
No. 338, Jiefang Lu, Tanggu District
Tel: +86 22 2588 3316
沸点668摇摆
塘沽区解放路338号

Babi Club
No. 39, Cuiheng Plaza
3rd Avenue, TEDA
Tel: +86 22 6629 1188
芭比俱乐部
开发区第三大街翠亨广场39号

Dublin Irish Pub
No. 137, 3rd Avenue, TEDA
Tel: +86 22 6629 2963
督伯林爱尔兰西餐吧
开发区第三大街137号

Eden Club
4F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6638 9999
夜殿酒吧
开发区第三大街32号鸿泰仟佰汇商业广场4层

Freedom Bar
(Opposite to Friendship Store)
Bomei Yuan
Huanghai Lu, 2nd Avenue, TEDA
Tel: +86 22 158 2228 8975
沙尘暴酒吧
发区第二大街黄海岸
博美园底商(友谊名都正对面)

Island Bar & Grill
The junction of 3rd Avenue and
Huanghai Lu, TEDA
Tel: +86 22 6620 9531
环岛酒吧
开发区黄海岸与第三大街交口

Jacky's Pub
2nd Avenue, TEDA
Tel: +86 22 6629 9197
开发区第二大街

O'Leary Irish Pub
1F, Ginza Building
No. 35, 2nd Avenue, TEDA
Tel: +86 22 6628 0333
欧莱瑞爱尔兰西餐吧
开发区第二大街35号银座大厦1楼

Renaissance Lounge
Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
万丽泰达酒店酒廊
开发区第二大街29号
天津万丽泰达酒店及会议中心

Somewhere Else Bar
No. 103, Jiafu Yuan
Zhangwang Lu, 2nd Avenue, TEDA
上尉酒吧
开发区第二大街展望路加孚园底商103号

TEDA Bar
1F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6722
泰达酒吧
开发区第二大街29号
万丽泰达酒店及会议中心1层

Tropicana 22 Lounge
22F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2761
热情22酒廊
开发区第一大街86号
天津滨海假日酒店11层

W&H Pub
2nd Avenue, TEDA
Tel: +86 22 2529 3628
韦哈酒吧
开发区第二大街

YOYO Club
No. 98, Huanghai Lu, TEDA
Tel: +86 136 7208 8855
YOYO酒吧
开发区黄海岸98号

KTV

Eastern Pearl
No. 507, Jiefang Lu, Tanggu District
Tel: +86 22 2586 2222
东方之珠KTV
塘沽区解放路507号

Beauty Salon

Natural Beauty
1F, Pengren Garden
3rd Avenue, TEDA
Tel: +86 22 6620 2169
自然美
开发区第三大街蓬仁园1层

Massages

Orchid Massage and Nail Spa
Bldg. 3, Bomei Yuan
No. 18, Huanghai Lu, TEDA
Tel: +86 22 2532 2311
兰轩美甲休闲
开发区黄海岸18号博美园底商3号楼

Timeless Foot Massage
2F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6621 1111
康足会所
开发区第三大街32号
鸿泰仟佰汇商业广场2层

Spas

Blu Spa
No.10, Huanghai Lu, TEDA
Tel: +86 22 2528 1352
Blu Spa 会所
开发区黄海岸10号

Sukhothai Yue Spa
11, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店11层

Touch Spa
2F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6570 9504
开发区第二大街29号
天津万丽泰达酒店及会议中心

Yue Spa
15F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店15层

Dental Clinic

Aichi International Dental Center
Cuiheng Plaza
No. 211, 3rd Avenue, TEDA
Tel: +86 22 6629 1079
爱齿口腔医疗中心
开发区第三大街211号翠亨广场

Hospitals

TEDA Hospitals
No. 65, 3rd Avenue, TEDA
Tel: +86 22 6520 2000
泰达医院
开发区第三大街65号

TEDA International Cardiovascular Hospital
No. 61, 3rd Avenue, TEDA
Tel: +86 22 6520 8888
泰达国际心血管病医院
开发区第三大街61号

Western Hospital
1F, Jiafu Garden, 2nd Avenue, TEDA
Tel: +86 22 6620 8676
名医会馆
开发区第二大街加孚园底商

Electrical Appliances

Gome
No. 94, Shanghai Dao, Tanggu District
Tel: +86 22 2586 3727
国美电器
塘沽区上海道94号

Su Ning
2F, New Ocean Century Building
No. 29, Hebei Lu, Tanggu District
Tel: +86 22 2586 3477
苏宁电器
塘沽区河北路29号新世纪商厦2层

TEDA & TANGGU

Laundry

CAS Laundry
(Behind Renaissance Tianjin TEDA Hotel)
Fada Jie, TEDA
Tel: +86 22 6621 6367
美国CAS 国际干洗店
开发区发达街(万丽酒店后面)

Fornet
Taifeng Jia Yuan
No. 112, 4th Avenue, TEDA
Tel: +86 22 2532 5353
福奈特
开发区第四大街112号泰丰家园底商

Jie Li Te Laundry
S-028, Royal Palace
2nd Avenue, TEDA
Tel: +86 22 6539 1273
洁利特洗染中心
开发区第二大街御景园底商S-028号

Hotels

★★★★★ 5 Stars

Dosen Residences
TEDA Fashion Plaza
Aoyun Lu, TEDA
Tel: +86 22 6628 5656
德圣公馆
开发区奥运路泰达时尚广场

Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
天津滨海假日酒店
开发区第一大街86号

Holiday Inn Express Tianjin Binhai
TEDA Fashion Plaza
No. 11, Aoyun Lu, TEDA
Tel: +86 22 5988 8999
天津滨海快捷假日酒店
开发区奥运路11号泰达时尚广场

Renaissance Tianjin TEDA Hotel & Convention Centre

No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
天津万丽泰达酒店及会议中心
开发区第二大街29号

TEDA International Hotel & Club
No. 8, 2nd Avenue, TEDA
Tel: +86 22 2532 6000
泰达国际酒店暨会馆
开发区第二大街8号

Tianjin Ruiwan Hotel
No. 2527, Yihao Lu, Xingang
Tanggu District
Tel: +86 22 2578 0001
天津瑞湾酒店
塘沽区新港一号路2527号

★★★★ 4 Stars

Baiyun Hotel
No. 12, the junction of Fada Jie and
Nanhai Lu, TEDA
Tel: +86 22 6620 8888
白云酒店
开发区南海路与发达街交口12号

D. D. Center
No. 26, Jieda Lu, 3rd Avenue, TEDA
Tel: +86 22 2532 0088
大地中心酒店
开发区第三大街捷达路26号

Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店
开发区黄海岸10号

TEDA Center Hotel
No. 16, 3rd Avenue, TEDA
Tel: +86 22 2520 6788
泰达中心酒店
开发区第三大街16号

Tianjin East Harbour Hotel
No. 31, 3rd Avenue, TEDA
Tel: +86 22 2529 1111
天津滨海东方商务酒店

开发区第三大街31号

Tianjin Easy Hotel
No. 17, the junction of Nanhai Lu and
3rd Avenue, TEDA
Tel: +86 22 6625 1111
天津怡家时尚酒店
开发区第三大街与南海路交口17号

Tianjin Elegance Hotel
Bldg. A, Fanglin TEDA Garden
3rd Avenue, TEDA
Tel: +86 22 5981 1111
天津惠中酒店
开发区第三大街芳林泰达园A座

Victory Hotel
No. 1369, Jintang Gong Lu
Tanggu District
Tel: +86 22 2534 4783
胜利宾馆
塘沽区津塘公路1369号

★★★ 3 Stars

Hotel Ibis Tianjin TEDA
No. 30, 3rd Avenue, TEDA
Tel: +86 22 5981 5100
天津泰达宜必思酒店
开发区第三大街30号

Juchua Holiday Inn
No. 4, Jiefang Lu, Tanggu District
Tel: +86 22 2589 8866
巨川假日酒店
塘沽区解放路4号

Today's International Hotel
No. 1661, Xingang Erhao Lu
Tanggu District
Tel: +86 22 2578 9999
今天国际酒店
塘沽区新港二号路1661号

Zhongtai Hotel
No. 588, Heping Lu, Tanggu District
Tel: +86 22 6527 1788
中泰酒店
塘沽区和平路588号



Art Gallery
TEDA Contemporary Art Museum
 No. 39, Huanghai Lu, TEDA
 Tel: +86 22 5982 9590
 泰达当代艺术博物馆
 开发区黄海路39号

Cinema
Hongtai Movie City
 4F, King Buyer Shopping Mall
 No. 32, 3rd Avenue, TEDA
 Tel: +86 22 6622 0886
 鸿泰影城
 开发区第三大街32号鸿泰仟佰汇商业广场4层

Parks
Hebin Park
 Zhongxin Bei Lu, Tanggu District
 河滨公园
 塘沽区中心北路
Taifeng Park
 4th Avenue, TEDA
 泰丰公园
 开发区第四大街

The Bund Park
 Shanghai Dao, Tanggu District
 外滩公园
 塘沽区上海道

Education
International Schools
TEDA International School
 No. 72, 3rd Avenue, TEDA
 Tel: +86 22 6622 6158
 泰达国际学校
 开发区第三大街72号

Tianjin TEDA Maple Leaf International School
 No. 71, 3rd Avenue, TEDA
 Tel: +86 22 6622 6888
 天津泰达枫叶国际学校
 开发区第三大街71号

Kindergartens
Gymboree Play & Music
 2F, bldg. 1, Golden Street Center
 Zhongxin Bei Lu, Tanggu District
 Tel: +86 22 66367699
 金宝贝
 塘沽区中心北路阳光金地中心1号楼2层

Universities
TEDA College of Nankai University
 No. 23, 3rd Avenue, TEDA
 Tel: +86 22 6622 9400
 南开大学泰达学院
 开发区第三大街23号

Exhibition Centre
Tianjin Binhai International Convention & Exhibition Center
 5th Avenue, TEDA
 Tel: +86 22 6530 2888

天津滨海国际会展中心
 开发区第五大街

Library
TEDA Library
 No. 21, Hongda Jie, TEDA
 Tel: +86 22 2520 3122
 泰达图书馆
 开发区宏达街21号

Real Estate
Ane Househunting & Consultant Co., Ltd.
 Fanglin TEDA Garden
 No. 3, Hongda Jie, TEDA
 Tel: +86 22 6629 2345
 安逸房地产信息咨询有限公司
 开发区宏达街3号芳林泰达园

Century Home Service
 Bldg. E7, Room A503,
 Binhai Finance Zone
 No. 20, Guangchang Dong Lu, TEDA
 Tel: +86 22 6623 9596
 天津世嘉行地产顾问有限公司
 开发区广场东路20号
 滨海金融街E7A区A503室

TEDA & TANGGU

Joanna Real Estate
 Room 104, bldg. E4C
 Binhai Finance Zone
 No. 20, Guangchang Dong Lu, TEDA
 Tel: +86 22 6628 3456
 嘉园置地房地产经纪有限公司
 (天津分公司)
 开发区广场东路20号
 滨海金融街E4C区104室

Tianjin TEDA Henry Rental & Real Estate Service
 Block E, Fanglin TEDA Garden
 No. 3, Honda Jie, 3rd Avenue, TEDA
 Tel: +86 22 6629 2233
 天津开发区亨利商务信息咨询有限公司
 开发区第三大街宏达街3号
 芳林泰达园E座底商

Travel Agency
Tianjin China International Travel Service (CITS)
 Room 104, west bldg.
 No. 39, 3rd Avenue, TEDA
 Tel: +86 22 6629 0560
 天津中国国际旅行社
 开发区第三大街39号西区104室

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Learning Chinese musical instruments is a great way to get to know China. Join us for professional instruction in playing traditional Chinese instruments and get a chance to perform in Tianjin Concert Hall!

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E-mail: autumn0824@126.com
Tel: +86 22 2332 0068 ext. 6010
Mobile: +86 158 2265 0425 (Ms. Kang)
Address: No. 88, Jianshe Lu, Heping District. 和平区建设路88号

Department Stores & Shopping Malls
Citizen Plaza
 No. 86, 1st Avenue, TEDA
 市民广场
 开发区第一大街86号

Cuiheng Plaza
 3rd Avenue, TEDA
 翠亨广场
 开发区第三大街

Fortune City Plaza
 No. 28, 3rd Avenue, TEDA
 Tel: +86 22 6621 8022
 财富星座
 开发区第三大街28号

Juchuan Jin Hai'an Building
 Shanghai Dao, Tanggu District
 巨川金海岸
 塘沽区上海道

King Buyer Shopping Mall
 No. 32, 3rd Avenue, TEDA
 Tel: +86 22 6622 0886
 鸿泰仟佰汇商业广场
 开发区第三大街32号

TEDA Friendship Department Store
 The junction of Huanghai Lu and 2nd Avenue, TEDA
 泰达友谊商厦
 开发区第二大街与黄海路交口

Clothing Store
Decathlon TEDA
 No. 19, Aoyun Lu, TEDA
 Tel: +86 22 6628 5788
 迪卡侬天津泰达店
 开发区奥运路19号

Store
Gangqiang Florist
 Suite S058, Yujing Yuan
 2nd Avenue, TEDA
 Tel: +86 22 6439 1266
 港强花市
 开发区第二大街御景园底商S058

Supermarkets
E-Mart Supercenter
 Xiugu Business Center
 No. 1168, Jintang Gong Lu
 Tanggu District
 Tel: +86 22 5982 1234
 易买得超市
 塘沽区津塘公路1168号秀谷商业广场

Jia Shun Supermarket
 1F, Youyi Mingdu Department Store
 No. 19, Huanghai Lu, 2nd Avenue, TEDA
 Tel: +86 22 6620 1930
 佳顺自选店
 开发区第二大街黄海路19号友谊名都1层

Natural Farmers Market
 No. 123-129, junction of 4th Avenue and Taifeng Lu, TEDA
 Tel: +86 22 6200 3688
 邑农达超市
 开发区泰丰路与第四大街交口123-129号

Opus Food & Wine Cellar
 Fanglin TEDA Garden
 The junction of 3rd Avenue and Nanhai Lu, TEDA
 Tel: +86 22 5981 5646
 欧宝酒苑
 开发区南海路与第三大街交口芳林泰达园

TEDA & TANGGU

Times Grocery Store
 S-018, Royal Palace
 2nd Avenue, TEDA
 Tel: +86 22 5981 1208
 时代杂货商店
 开发区第二大街景园邸3期高层底商S-018

Golf Club
Tianjin Warner International Golf Club
 No. 1, Nanhai Lu, TEDA
 Tel: +86 22 2532 6009
 天津华纳高尔夫俱乐部
 开发区南海路1号

Gyms
Champs Elysees
 2F, Renaissance Tianjin TEDA Hotel & Convention Centre
 No. 29, 2nd Avenue, TEDA
 Tel: +86 22 6621 8888
 香榭丽舍健身俱乐部
 开发区第二大街29号
 天津万丽泰达酒店及会议中心2楼

Holiday Inn Binhai Hotel Fitness Center
 15F, Holiday Inn Binhai Tianjin
 No. 86, 1st Avenue, TEDA
 Tel: +86 22 6628 3388 ext. 2960
 天津滨海假日酒店健身中心
 开发区第一大街86号
 天津滨海假日酒店15层

Outdoor Club
Tianjin Freetrek Outdoor Sports Club
 No. 1038, Jintang Gong Lu
 Tanggu District
 Tel: +86 22 2582 9366
 天津自由户外俱乐部
 塘沽区津塘公路1038号

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Oklahoma, United States

Heartland State

OKLAHOMA

United States, or 美国 (beautiful country) as it is known in Chinese, is collection of 50 states with 50 different personalities. From the big city lights of New York to the Pacific coastline of California, United States is as diverse as it is intriguing to the rest of the world. Americans are generally known for their hearty appetites and in Oklahoma this is certainly the case. for the keyword in Oklahoma is "big"... big cars, big food, and big people: whether it's a 32 oz steak, 20 inch rims on a Ford Tarus, or a 48 inch belt size, Oklahomans do it big.

Oklahoma is located in the heart of United States, and boasts over 50 state parks and some of the plumpest yet most kind-hearted people ever to walk the Great Plains. For the most part, Oklahomans are rather similar to Tianjiners. They prefer the simple lifestyle, a good meal, and speak with their own mutated version of their respective language. While Tianjiners enjoy traditional baozi, Oklahomans prefer their food fried. Fried chicken, fried okra, and even fried ice cream are some of the luscious but heart-stopping delights consumed in large doses by Oklahomans. Also, because of its proximity to Mexico, Oklahoma has many Mexican restaurants which offer a combination of Spanish-named, spicy and cheesy dishes that many Oklahomans can't pronounce correctly but which doesn't stop them from ordering a pound serving of each.

Although Oklahoma has an abundance of eating establishments, the amount of leisure-activity locations are rather limited. However, this doesn't stop the youth

of Oklahoma from channeling their boredom and frustration into playing music. The ruckus of poorly tuned guitars and rusty drum kits can be heard until the wee hours of the morning in most suburban neighborhoods. Through this experimentation with sounds combined with teenage angst, Oklahoma has managed to create two chart topping bands including



the fittingly named All American Rejects and the nauseatingly adorable, three brother band, Hanson.

However, if you're looking for fun for the whole family, then check out one of the local outdoor gun ranges. Children as young as ten can get their first taste of explosive power through BB guns while Mom and Dad are in the adjacent lane with their Terminator-like shotguns and rifles, popping off round after round imagining it was their overbearing boss asking them to work weekends.

If blowing things up isn't your thing and you are not a soft-hearted animal-lover, then you can head on down to one of the packed stadiums hosting bull riding and horse wrangling. Watch as deranged men knowingly sign up to ride a aggravated beast which throws them around like a house in a tornado, for the chance to win a tin statue and a 50% coupon at Big Bill's steaks and guns.

But if you truly really want to be like the Oklahomans and do as they do then you will have to make a trip to the local Walmart - not for shopping but for leisure. Since Walmart is open 24 hours per day, it is a great place to people-watch, from bright early morning to 3am shopping zombies.

What Oklahoma lacks in sophistication or natural beauty, it more than makes up for with its carefree view of the world and people ready to create their own fun thus creating an appeal all its own. So if you are the simple type of person who enjoys life's simple pleasures then put on your skin-tight jeans and hop in your 1982 IROC and experience the heart-pumping, mouth-watering, ear-busting state north of Texas.



TIBET

The Exotic Mystery



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Tibet (Xizang in Chinese Pinyin), the Roof of the World, remained largely unknown to the world until the beginning of the 20th century. This vast, snowy land has exerted an awesome draw on travelers and adventurers ever since. Its majestic scenery, mysterious and exotic religious culture, and jovial people, reward every tourist with an indelible life-long memory.

History

Tibet's long history and exotic religion entice more and more tourists every year. Tibetan Buddhism inhabits most of its people's hearts; thus, a great deal of splendid monasteries, vivid murals and sculptures, and solemn stupas were built in honour of Buddha. Lhasa and Shigatse, the most important cities of Tibet, feature most of the religious monuments, including the Potala Palace, Jorkhang Temple, Drepung Monastery, Sera Monastery, Ramoche Monastery, Tashilunpo Monastery and Sakya Monastery. Besides the monasteries, sacred mountains and holy lakes are also excellent places to show the Tibetan peoples' devotion to Buddha.

Transportation

The famous Tibet Railway began operation from 1 July 2006. This magnificent engineering achievement has led to Tibet, the mysterious sacred land with a thousand-year history, witnessing many changes. For less travel time, tourists may travel there by flights from Beijing, Xian or Chengdu.

Attractions

Potala Palace: Located on the Red Hill of Lhasa, it is the symbol of the city, known to the world for its grand constructions, elegant buildings, exquisite artworks and pious religious atmosphere.

Jorkang Temple: At the center of Old Lhasa, Jokhang Temple is the spiritual center of Tibet. April to October is the best season to see this holy site.

Barkhor Street: This is an ancient ring-shaped street surrounding Jorkang Temple that the Tibetan people are always proud of. As a symbol of Lhasa, this street is also a must-see place for the tourists.

Namtso Lake: Its touching beauty should not be missed by any visiting traveller. Its purity and solemnness are symbols of the Qinghai-Tibet Plateau.

Dining

Restaurants in Lhasa provide the best food and accommodation in Tibet. The food includes Tibetan cuisine, Sichuan cuisine and Western style dishes. Some hotel restaurants also provide Nepalese and Indian food. It's worth noting that Sichuan dishes in Tibet are more expensive than in other parts of China. Tourist restaurants also serve delicacies and almost every hotel has Western food. Most of the restaurants can be found clustered around the Jokhang Temple and Barkhor Street, the center of Lhasa City, so that travelers can find easily accessible places to eat and drink.





YANG HUO SHICHANG Market

GET READY TO HAGGLE

Where Tianjin has Da Hutong ("Big Market" – a shopping experience worth having even if you don't buy anything), Tanggu has Yang Huo Si Chang, a large covered market off the Fu Shun Dao pedestrianised shopping street in the centre of Tanggu. It's a market where almost everything is available, as long as you don't enquire too closely into the quality or provenance of the goods within, and where you can try out your haggling as a competitive sport. Arranged in a series of long aisles with innumerable small shops and stallholders, the market is a Mecca of cheap items.

Each aisle contains groups of similar shops, so there are areas with household items, fashion accessories, camping and outdoor sports, computers and peripherals, men and women's clothing, and things for babies and children, amongst others. The outdoor sports section, for example, has various shops selling equipment such as North Face jackets, rucksacks, sleeping bags, hiking boots, tents, thermal clothes and camping peripherals. The computer area has notebooks, satellite dishes, surround-sound speakers, memory sticks and the like. Fashionistas can find Levis jeans

and Rolex Oyster watches amongst the cheap shirts and bad sunglasses, which is all part of the charm of the market. High fashion and low-quality goods rub together under one roof. Of course, the designer label goods may not be of the highest quality or of the most convincing origin, but remember, you are not merely haggling with the traders – they are haggling with you. Is it worth the risk for the absurdly cheap price? That's a question only you can answer. Estimates of quality are probably easier in goods like clothing and wallets than netbooks and USB drives with gargantuan capacities.

Negotiating, or haggling, is one of the main aspects of shopping here. Prices are offered to be violently disagreed with, and offering what Western customers might think would be a derisory offer is merely the start of a routine as finely established as a minuet or sonnet. When given a price, try offering one-third or even one-quarter of it. The shopkeeper or stallholder may laugh or snort, but they won't dismiss you. Step-by-step you reach a price, even if you have to do the "walk away" trick, or have to write down figures if your Chinese isn't up to it. Is it worth it? It's worth a visit, anyway!





Haihe River 海河

The "Mother River" of Tianjin, the Haihe covers 300,000 square kilometers. It is appreciated for its natural beauty and historical importance.



Former Residence of Liang Qichao 梁启超故居

Idealist of the Chinese Bourgeois Movement, Liang was one of the greatest scholars and journalists in China. The residence is homage to his memory, with a vast collection of literature, illustrations and photographs.

📍 No. 44-46, Minzu Lu, Hebei District
河北省民族路44-46号
☎ +86 22 2445 0856
🕒 Tue-Sun, 09:00 - 17:00
💰 ¥ 10CNY



Temple of Compassion 大悲禅院

Dating from the Qing Dynasty, it is the biggest Buddhist temple in Tianjin and also an important activity center for Buddhism. It became well-known for offering sacrifices to the bones of Xuang Zang, a Tang Dynasty monk.

📍 No. 40, Tianwei Lu, Hebei District
河北省天纬路40号
☎ +86 22 2626 1768
🕒 Daily, 09:00 - 16:00
💰 ¥ 5CNY



The Observation Wheel Tianjin Eye

天津之眼摩天轮

The world's only gigantic Ferris wheel built over a bridge. With a 110-meter diameter, it will lift visitors 120 meters above the ground, offering a spectacular view over the city and its surroundings.

📍 Over The Yongle Bridge
Haihe River, Hebei District
河北省海河三岔河口永乐桥
☎ +86 22 2628 8830
🕒 Daily, 09:30 - 21:30
💰 ¥ 50CNY



Tianjin Istyle Town 意大利风情街

The only well-preserved quarter of Italian architecture outside Italy. A walk in history and culture, presenting truly Mediterranean buildings.

📍 Former Italian Concession Area
Hebei District 河北省意大利风情街
🕒 Daily
💰 Free



Tianjin Train Station 天津站

First built in 1888 and recently renewed, this is the terminus station for the state-of-the-art Beijing-Tianjin Intercity Rail. The area around the train station is particularly preserved and romantic during night time.

📍 No. 1, Xinwei Lu, Hebei District
河北省新纬路1号
☎ +86 22 6053 6053
🌐 www.tjhc.com.cn
🕒 Daily
💰 Free



Binjiang Dao 滨江道

Tianjin's busiest and most prosperous shopping street with the highest concentration of top department stores, both modern and traditional.

📍 Binjiang Dao, Heping District
和平区滨江道
🕒 Daily
💰 Free



China House Museum 瓷房子博物馆

Homage to Chinese culture, the house was built with millions of ancient porcelain flakes. The perfect place to appreciate Chinese porcelain bows and marble sculptures.

📍 No. 72, Chifeng Dao
Heping District 和平区赤峰道72号
☎ +86 22 2712 3366
🕒 Daily, 10:00 - 17:00
💰 ¥ 35CNY



Dagu Bridge 大沽桥

Composed of two arches, one larger than the other, symbolizing the sun and the moon. The design is usually referred to as an "unparalleled combined tie beam arch".

📍 Dagu Qiao, Haihe River
Heping District 和平区海河大沽桥



Food Street 食品街

With more than 100 restaurants, it offers an exquisite mixture of several types of cuisine, architecture and culture.

📍 Bldg. D, Shipin Jie, Qinghe Jie
Heping District 和平区清河街食品街D座
☎ +86 22 5899 7866
🌐 www.shipinjie.com
🕒 Daily, 24h
💰 Free



Jing Garden 静园

Former residence of the last Chinese Emperor, Puyi. The Emperor named it Jing Garden, which literally means "quiet" in Chinese, following his intention of revitalizing the Qing Empire.

📍 No. 70, Anshan Dao, Heping District
和平区鞍山道70号
🕒 Tue-Sun, 09:30-11:30
14:00 - 16:00
💰 ¥ 20CNY



Golden Street (Heping Lu) 金街 (和平路)

The intersection of Binjiang Dao and Heping Lu forms the most prosperous trade area in Tianjin.

📍 Heping Lu, Heping District
和平区和平路
☎ +86 22 2339 6209
🌐 www.tjejj.com.cn
🕒 Daily
💰 Free



Jiefang North Road 解放北路

An open-air museum for architecture, housing dozens of well-preserved European-style buildings. One of the city's most sophisticated and elegant areas and a landmark in Tianjin's modern history.

📍 Jiefang Bei Lu, Heping District
和平区解放北路

🕒 Daily

¥ Free



Jin Wan Plaza 天津津湾广场

An entire square dedicated to entertainment. Shopping, dining and movies are available in an outstanding setting facing the river, the train station on the other side, also neighbored by the one of Tianjin's architectural pinnacles Jiefang Qiao.

📍 Jiefang Bei Lu, Heping District
和平区解放北路

🕒 Daily

¥ Free



Shenyang Antiques Market 沈阳道古物市场

Near Heping Lu, it stands out in one of the busiest commercial areas of the city. The market is a great opportunity to acquire Chinese antiques or simply admire them.

📍 Shenyang Dao, Heping District
和平区沈阳道

🕒 Daily, 09:00 - 18:00

¥ Free



Xikai Cathedral 西开教堂

Constructed in 1917 by French missionaries, it is today the residence of the Bishop of Tianjin. It is the biggest church in Tianjin, located in the heart of the city.

📍 Dushan Lu, Binjiang Dao
Heping District 和平区滨江道独山路

🕒 Mon-Fri, 05:00 - 16:30

Weekends, 05:00 - 20:00

Weekly Mass

Mon-Sat, 06:00 - 07:00

Sun, 06:00 - 07:30, 10:00 - 11:30,

11:30 (EN), 15:00 - 19:00

¥ Free



Natural History Museum 自然博物馆

Specializes in collections of fossils, housing more than 38,000 specimens. It also has a permanent marine exhibition and relaxing green gardens.

📍 No. 206, Machang Dao, Hexi District
河西区马场道206号

📞 +86 22 2335 8031

🌐 www.tjnhm.org

🕒 Tue-Sun, 09:00 - 16:30

¥ 20CNY



People's Park 人民公园

Famous for entertainment for all ages. There's a playground for children, an aviary, a temple, luxurious gardens and pavilions.

📍 No. 29, Huizhou Dao, Hexi District
河西区徽州道33号

📞 +86 22 2324 0371

🕒 Daily, 06:00-22:00

¥ Free



Tianjin Museum 天津博物馆

A vast collection of ancient Chinese fine arts, as well as ancient and modern historical relics.

📍 No. 31, Youyi Lu, Hexi District
河西区友谊路31号

📞 +86 22 5879 3000

🌐 www.tjbwg.com

🕒 Tue-Sun, 09:00 - 16:30

¥ Free



Tianjin TV Tower 天塔

At 415.2m, this is the second highest tower in Asia and the fourth in the world. The rotating restaurant and the viewing hall on top allow a great bird's eye view over the city.

📍 No. 1, Weijin Nan Lu, Hexi District
河西区卫津南路1号

📞 +86 22 2334 3557

🌐 www.lotour.com/member/sight/6379/

🕒 Nov-Apr, 08:30 - 21:30

May-Oct, 08:30 - 22:00

¥ 50CNY, 118CNY (meal included)



Wu Da Dao 五大道

Originally the centre of the British concession, the five streets shaped the area's development. European architecture abounds.

📍 Machang Dao, Munan Dao, Dali Dao, Chongqing Dao and Chegdu Dao
Hexi District 和平区成都道, 重庆道, 大理道, 睦南道, 马场道

🕒 Daily

¥ Free



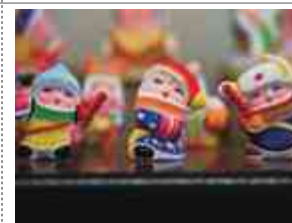
Ancient Cultural Street 古文化街

Tianjin's famous shopping street, recreating an ancient Chinese town. Purchase or simply admire China's cultural treasures: calligraphy, jade, antiques, paper-cutting, clay figures and plenty more.

📍 Ancient Cultural Street Nankai District
南开区古文化街

🕒 Daily, 09:00 - 17:00

¥ Free



Clay Figure Zhang 泥人张

Prestigious Tianjin traditional folk art. This 180-year-old plastic art form consists of decorative indoor sculptures made of clay, executed with outstanding realism.

📍 No. 17, Ancient Cultural Street
Nankai District 南开区古文化街17号

📞 +86 22 2727 5081

🌐 www.nirenzhangwr.com/english/index.htm

🕒 Daily, 09:00 - 18:00

¥ Free



Drum Tower 鼓楼

One of Tianjin's three treasures, characterized by strong architectural and decorative features from the Ming and Qing dynasties. The heart of ancient Tianjin city.

📍 Drum Tower, Nankai District
南开区鼓楼

🕒 Daily, 09:00 - 17:00

¥ Free

Tianjin's Attractions Nankai, Hedong



Memorial of Zhou Enlai and Deng Yingchao

周邓纪念馆

Loved by the people, this memorial hall houses information about the skilled former Prime Minister Zhou and his wife Deng. All that refers to them or was created by them is documented here.

📍 No. 1, Shuishang Lu, Nankai District
南开区水上路1号

☎ +86 22 2352 9243

🕒 Daily, 08:30 - 16:00

¥ 10CNY



Queen of Heaven Temple 天后宫

One of the three Mazu Temples in the world, tribute to the Goddess of the Sea. It is also the Folk Custom Museum of Tianjin.

📍 Ancient Cultural Street
Nankai District南开区古文化街

🕒 Daily, 09:00 - 16:45

¥ 6CNY



Tianjin Olympic Center Stadium 奥林匹克中心体育场

Specially constructed for the 2008 Olympic Games, with a seating capacity of 60,000.

📍 Binshui Xi Dao, Nankai District
南开区宾水西道

🕒 09:00 - 22:00



Tianjin Princess Residence Museum

天津格格府典藏博物馆

One of the few private museums in Tianjin, the Gege Fu museum, as it is usually referred to, it is a cultural relic itself. During the Qing Dynasty it was the house of Gege Fu or Yu Derling.

📍 No. 30-32, Gulou Nan Jie
Nankai District
南开区鼓楼南街30-32号

☎ +86 22 2727 7755

🕒 Daily, 08:30-17:00

¥ 10CNY



Water Park 水上公园

Fully renovated, it is divided in 9 islands and 3 lakes. It is famous for its beauty and lush landscapes. You can find Chinese traditional pavilions, gardens, bridges, pagodas and lakes.

📍 No. 33, Shuishang Gongyuan
Bei Lu, Nankai District
南开区水上公园北路33号

☎ +86 22 2335 0095

🌐 www.tjwaterpark.com.cn

🕒 Daily, 06:00-19:00

¥ Free



Music Street 音乐街

Tianjin's recently built street entirely dedicated to music. Guitars, pianos, saxophones, and much more. Several stores and coffee shops dedicated to this artistic environment. It is also the house of Tianjin Conservatory of Music and Tianjin Music School.

📍 The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
河东区八纬路与十四经路交口

🕒 Daily

¥ Free

Tianjin's Attractions Hongqiao, Hangu, Tanggu



Tianjin Great Mosque 清真大寺

Originally built in the early stage of the Qing Dynasty and reconstructed over the centuries, the Mosque is a beautiful display of art and architecture within a religious space.

📍 No. 8, in front of the Xiaohuo
Xiang Temple, Xibei Jiao
Hongqiao District 红桥区西北角小
伙巷大寺前8号

🕒 Daily

¥ Free



Guyi Street 估衣街

Originally built during the Yuan Dynasty (1271-1368), the street was remodeled and rebuilt in 2009. The name originally means Ancient Clothing and nowadays houses Tianjin's most traditional and ancient businesses.

📍 Guyi Jie, Hongqiao District
红桥区估衣街

🕒 Daily

¥ Free



Binhai Aircraft Carrier Theme Park

滨海航母主题公园

Seven-square-kilometer military theme park featuring tours, role playing, survival training, leisure, activities and film shooting.

📍 Baguatan, Yingchengzhen
Hangu District 汉沽区营城镇八卦滩

☎ +86 22 5991 8888 / 8007

🌐 www.binhaipark.cn

🕒 Dec- Feb, 09:00 - 17:00

Mar- Nov, 09:00 - 17:30

High season weekends, 09:00 - 18:00

May Day & National Day, 09:00 - 18:30

¥ Full price: 110CNY

Discount price: 55CNY



Dagu Fort 大沽炮台

Originally built during the Ming Dynasty, it was expanded during the 19th century to protect Beijing. Listed as an important historical site under State protection, it is considered by Tianjin locals as one of the city's three treasures.

📍 Tanggu District 塘沽区

🕒 Daily, 08:00 - 17:00

¥ 10CNY



Tanggu Bund 塘沽外滩

Part of the project to invigorate the Haihe River in Tanggu District. Designed by world-class professionals, it offers a modern city life with entertainment, dining and shopping.

📍 The bank opposite Waitan Garden
Haihe River, Tanggu District
塘沽海河外滩公园对岸

¥ 25CNY



Tanggu Museum 塘沽博物馆

📍 Huanghai Lu, Tanggu District
塘沽区黄海路

☎ +86 22 5988 8888

🕒 Daily, 10:00-16:00

¥ 20CNY



Former Residence of Huo Yuanjia 霍元甲故居

Known for his passion for martial arts and patriotism, Huo was the founder of the Martial Arts Sports Association. His house portrays elements of local lifestyle at the time.

🏠 Xiao Nanhe Cun, Nanhe Xian Xiqing District
西青区南河镇小南河村

☎ +86 22 2398 9632

🕒 Daily, 09:00 - 17:00

¥ 10CNY



Shi Family Grand Courtyard 石家大院

A piece of history belonging to the fourth son of one of the eight great Chinese masters. It is said to be northern China's first mansion. The imperial and southern-style gardens are particularly sumptuous.

🏠 Yuehe Bridge, Yangliu Qing Zhen Xiqing District 西青区杨柳青镇御河桥

☎ +86 22 2739 1618

🕒 Daily, 09:00 - 16:30

¥ Full price: 20CNY
Discount price: 10CNY



Yangliu Qing 杨柳青

Characterized by its remarkable preservation, it was originally the house of a prosperous 19th-century merchant. It is known for its intersections of courtyards, richly decorated rooms, and its own theater and school.

🏠 Lijiaoqiao Bei, Yijing Lu Yangliu Qing Zhen, Xiqing District 西青区杨柳青镇一经路立交桥北

☎ +86 22 2792 2792

🕒 Daily, 09:00 - 19:00

¥ Free



Huangyaguan Section of the Great Wall 黄崖关长城

黄崖关长城

Originally built during the Qi Dynasty, it is located in an abrupt mountain range north of Tianjin.

🏠 30km north of Ji Xian 蓟县北30公里

☎ +86 22 2271 8718

🕒 Daily, 09:00 - 17:00

¥ 50CNY



Pan Mountain 盘山

Famous for its high peaks, unique rock formations, clear streams and vibrant landscapes.

🏠 15km northwest of Ji Xian 蓟县西北15公里

☎ +86 22 2982 1235

🕒 Daily

¥ 20CNY



Temple of Solidarity Joy 独乐寺

With more than 1000 years of history, the temple is now considered a historical relic. Having survived 28 earthquakes, it still maintains its ancient architectural features.

🏠 No. 41, Chengnei Wuding Jie Ji Xian 蓟县城内武定街41号

☎ +86 22 2914 2907

📧 www.dulesi.com

🕒 Daily, 08:30 - 17:00

¥ 40CNY

Alternative Rock

The Flaming Lips – *Embryonic* (2009)

The twelfth studio album of the Oklahoma band and the first double album they released. Counting with contributions from other artists, such as Karen O, the lead singer of the Yeah Yeah Yeahs, Embryonic successfully resumes the band's career, now over twenty-five years long. The music is raw, energetic and authentic, for some resembling the great Joy Division.



Blues

Carolina Chocolate Drops – *Genuine Negro Jig* (2010)

The blues band from North Carolina charms the public with their second album. Famous for their unforgettable live performances, Genuine Negro Jig brings fresh and exciting tunes. Their music is also an attempt to remember the importance Afro-American music had in North America's history.



Country

Johnny Cash – *American VI: Ain't no Grave* (2010)

This posthumous album of the singer, the sixth and last of Cash's American Recordings series, features his final recordings, before his death in 2003. Johnny Cash began recording the album in 2002 which is now released by American Recordings and Lost Highway. American VI is an introspective and spiritual album, singing about life's demise with peace of mind.



Neo-Soul

Angie Stone – *Unexpected* (2009)

The soul diva pours her talent in a mature album. The quest for love and the troubles of loving are sang in her deep and melodic voice. Proud of this old school soul album, Stone stays away from mainstream sounds and embraces her proud legacy.





USA – Alice in Wonderland



Genre: Fantasy
Year: 2010
With: Johnny Depp, Mia Wasikowska and Helena Bonham Carter
Director: Tim Burton

Everyone knows the story of Alice written by Lewis Carroll. 19-year-old Alice goes back to her childhood fantasies, strolling through a whole new world of adventure and acquaintances that wind up in The Red Queen's reign of dictatorship. It has all the ingredients Tim Burton loves: fantasy, humour, and excitement. But one of the most attractive aspects about the film is that the team Johnny Depp, Helena Bonham Carter and Tim Burton meet again!

USA – Across the Universe



Genre: Musical
Year: 2007
With: Jim Sturgess, Evan Rachel Wood and Joe Anderson
Director: Julie Taymor

With the Beatles as soundtrack and the protests against Vietnam War as the word of the day, an artist from Liverpool meets carefree upper-class American Max and consequently falls for his sister Lucy. Throughout the movie All You Need Is Love. Don't be fooled by the genre though. This musical is nowhere near any other musical you have ever seen. Usually soundtracks are made for the movies: well, this soundtrack was created about 50 years ago by The Beatles, and it seems that the perfect intertwining of the movie with the songs will make you believe that the movie and the characters exist because of the band.

China – Forever Enthralled



Original Title: Mei Lanfang 梅兰芳
Genre: Drama
Year: 2008
With: Leon Lai, Zhang Ziyi, Sun Honglei and Masanobu Ando.
Director: Chen Kaige

One of Hong Kong's most respected artists, Leon Lai, plays the role of Mei Lanfang, probably the biggest Peking Opera star China has ever seen. This movie is the biographical record of Mei's life. He was famous for brilliantly performing female roles, which ultimately would turn him into a legend, but not without controversy. To a westerner's eyes, this movie is full of exoticism both in portraying this androgynous opera singer and the times of the Cultural Revolution. Zhang Ziyi plays the role of Mei's faithful friend Meng Xiaodong.

Canada – I Killed my Mother



Original Title: J'ai tué ma Mère
Genre: Drama
Year: 2009
With: Xavier Dolan, Anne Dorval, François Arnaud and Suzanne Clément
Director: Xavier Dolan

This movie brings us the story of 19-year-old homosexual Hubert, as played by Xavier Dolan. It's a very strong semi-autobiographical film, which tapes the emotions caused by the inability of a teenager to deal with the confusion of his aging single mother towards his sexuality. Frustration, whining and anger are a constant presence throughout a movie, which presents the understanding of homosexuality, or the lack of it, in a raw form.

Get Tuned!

The months of February and March feature hours of entertainment, including business and social news, family fun, and the latest in sports.

Recommended Watch

CCTV-9

Around China: MON – SUN (04:30, 11:30, and 18:30)
Biz China: MON – SUN (02:00, 06:00, 11:00, 14:00, 18:00, 21:00)
Dialogue: MON – SUN (07:30, 13:00, 19:30, and 00:30)
Chinese Civilization: MON – FRI (03:55, 09:55, 15:55)
Tech Max: SAT (03:30, 09:30, 15:30)



CNN

MON – FRI	08:00	Larry King Live
MON – FRI	15:30	World Business News
MON – FRI	20:00	World News Asia
MON – SAT	06:00	The Situation Room
MON – SUN	22:00	Your World Today
TUE – SAT	00:00	International Desk



Top Baby TV (Youyou Baobei)

Monday	09:00	Nutrition +++
Wednesday	12:20	Tian Xia Fu Mu
Friday	19:00	The Mystery of Food
Sunday	10:30	Three Little Pigs Teach English



Key Sporting Events

13 FEB. – 1 MAR.	During Day	Winter Olympics	CCTV-5
16 MAR. – 5 APR.	During Day	American Division I College Basketball Tournament	CCTV-5 /Tianjin 5
March 8-14	During Day	World Golf Championships	CCTV-5





The World of Web Designers

A quick and effective search online for the best internet websites' designs will, in most cases, end up in the personal pages of talented web designers or some of their creations.

That quick search will show you amazing portfolios with unbelievable layouts and layers and layers of creativity!

Here are a few of our choices:

Maurício Guimarães <http://www.mauriciostudio.com/>

Maurício's website is an amazing example of creativity. He has designed an imaginary world, where the user has to interact with the stage in order to explore the website and "find" the different menus.



Prismsgirl, by Azusa Mano

<http://prismsgirl.org/>

This website is a journey through an enchanted forest that blossoms with your mouse's movement. Not so easy to navigate but has an amazing stage.

Nathan Sanders

<http://nathan-sanders.com/>

The web and graphic designer welcomes you with a humoristic touch. Very easy to navigate and the colours and images used are completely off-trend, which makes it so special.



Colorchakra – Srinath Rangamani

<http://www.colorchakra.com/>

The power of graphics and colours are the background for this high quality website.

Enjoy the web!

Family & Relatives

家人和亲戚

How to pronounce each tone:

— = monotone, flat tone

∨ = fluttering tone, like a ball that bounces and rises, or a frog's croak

∧ = rising tone, like a question in English

∩ = falling tone, like a direct command

Do you have any brothers and sisters?

你 有(1) 兄 弟(2) 姐 妹(3) 吗?
nǐ yǒu xiōngdì jiěmèi ma?

How many children do you have?

你 有 几 个 孩 子(4)?
nǐ yǒu jǐgè hái zǐ?

Do you have any relatives in China?

你 在 中 国 有 亲 戚(5) 吗?
nǐ zài zhōngguó yǒu qīnqī ma?

How many people are there in your family?

你 家 里(6) 有 几 口 人(7)?
nǐ jiālǐ yǒu jǐkǒu rén?

I have a four-year-old daughter.

我 有 一 个 4 岁 的 女 儿(8).
wǒ yǒu yí gè sì suì de nǚér.

My elder brother is studying at Peking University.

我 的 哥 哥(9) 在 北 京 大 学(10) 学 习(11).
wǒ de gēge zài běijīng dàxué xuéxi.

My cousin was born in Australia and grew up in Britain.

我 的 表 姐(12) 在 澳 大 利 亚(13) 出 生(14),
wǒ de biǎojiě zài àodàliyà chūshēng,

在 英 国(15) 长 大(16).

zài yīngguó zhǎngdà.

My parents will come from Canada to visit us in Tianjin.

我 父 母(17) 要 从 加 拿 大(18) 来(19) 天 津
wǒ fùmǔ yào cóng jiānádà lái tiānjīn

看(20) 我 们。

kàn wǒmen.

Vocabulary

(1) 你有……吗?	nǐ yǒu ... ma?	Do you have...?
(2) 兄弟	xiōngdì	brothers
(3) 姐妹	jiěmèi	sisters
(4) 几个孩子	jǐgè hái zǐ	how many children?
(5) 亲戚	qīnqī	relatives
(6) 家里	jiālǐ	family
(7) 几口人	jǐkǒu rén	how many people
(8) 女儿	nǚér	daughter
(9) 哥哥	gēge	elder brother
(10) 北京大学	běijīng dàxué	Peking University
(11) 在…学习	zài ... xuéxi	study at...
(12) 表姐	biǎojiě	cousin
(13) 澳大利亚	àodàliyà	Australia
(14) 在…出生	zài ... chūshēng	be born in
(15) 英国	yīngguó	Britain
(16) 长大	zhǎngdà	grow up
(17) 父母	fùmǔ	parents
(18) 加拿大	jiānádà	Canada
(19) 从…来	cóng... lái	come from...
(20) 看	kàn	visit



If you meet any problems in learning Chinese, please send us an email at editor@tianjinplus.com
We'll do our best to help you. See you next month.

Area Codes

China Area Code: 0086
Beijing City Area Code: 10
Tianjin City Area Code: 22

Emergency Numbers

Fire: 119	Time: 117
First Aid: 120	Traffic accident: 122
Police Service: 110	Weather: 12121
Postal Service: 11185	

Courier

800 810 8000 800 810 2338 800 820 9868 400 678 9000

Transportation

Bus

Long-distance Bus Station: +86 22 2727 0168
Tianjin to Beijing Airport Shuttle Bus Inquiry: +86 22 2305 0530
Tianjin Binhai International Airport Inquiry: +86 22 2490 6363
Tianjin North Railway Station Ticket Service: +86 22 2618 1162
Tianjin West Railway Station Ticket Service: +86 22 2618 2262
Tianjin Railway Station Ticket Service: +86 22 6053 6053
Tianjin Light Rail Station Service: +86 22 6570 1111
Tianjin Metro Service: +86 22 6028 6777

Railway

Tianjin North Railway Station Ticket Service: +86 22 2618 1162

Taxi

Tianjin Haihe Taxi Company: +86 22 2635 2844

Airports & Airlines

Beijing Capital International Airport 北京首都国际机场: +86 0 10 6454 1100 <http://www.bcia.com.cn/>
Tianjin Binhai International Airport 天津滨海国际机场: +86 22 2490 6363

National

Air China 中国国际航空: +86 4008 100 999 <http://www.airchina.com.cn/>
Hainan Airlines 海南航空: +86 0180 5408 58583 <http://www.hnair.com/>
Okay Airways 奥凯航空: +86 0 10 5175 0000 <http://www.okair.net/>
Shandong Airlines 山东航空: +86 0531 96777 <http://www.shandongair.com/>
Shanghai Airlines 上海航空: +86 800 820 1018 <http://www.shanghai-air.com/>
Shenzhen Airlines 深圳航空: +86 95080 <http://www.shenzhenair.com/>

International

Air Canada 加拿大航空: +86 400 811 2001 <http://www.aircanada.cn/>
Air France 法国航空: +86 4008 808 808 <http://www.airfrance.com.cn/>
Air New Zealand 新西兰航空: +86 0 10 6587 0000 <http://www.airnewzealand.cn/>
All Nippon Airways 全日本空输: +86 800 820 1122 <http://www.ana.co.jp/asw/wws/cn/c/>
Austrian Airlines 奥地利航空: +86 0 10 6464 5999 <http://www.ana.com/cn/chi>
British Airways 英国航空: +86 0 10 800 7440 031 http://www.britishairways.com/travel/home/public/zh_cn
Cathay Pacific 国泰航空: +86 400 888 6628 <http://www.cathaypacific.com/>
Dragonair 港龙航空: +86 400 888 6628 <http://www.dragonair.com/>
Emirates 阿联酋航空: +86 0 10 5108 8696 <http://www.emirates.com/>
Finnair 芬兰航空: +86 0 10 6512 7180 <http://www.finnair.com/>
Japan Airlines 日本航空: +86 400 888 0808 <http://www.cn.jal.com/en/>
KLM-Royal Dutch Airlines 荷兰皇家航空: +86 400 880 822 <http://www.klm.com/>
Korean Air 大韩航空: +86 400 658 8888 <http://www.koreanair.com/>
Lufthansa 德国汉莎航空: +86 0 10 6468 8838 <http://www.lufthansa.com/>
Qantas 澳洲航空: +86 400 888 0089 <http://www.qantas.com.au/>
Qatar Airways 卡塔尔航空: +86 0 10 5923 5100 <http://www.qatarairways.com/>
Scandinavian Airlines 北欧航空: +86 0 10 8527 6100 <http://www.flysas.com/cn/cn>
Singapore Airlines 新加坡航空: +86 0 10 6505 2233 http://www.singaporeair.com/saa/zh_CN/
Swiss Air: +86 0 10 8454 0180 <http://www.swiss.com/>
Thai Airways International 泰国国际航空: +86 0 10 8515 0088 <http://www.thaiairways.com.cn/>
United Airlines 联合航空: +86 800 810 8282 <http://www.cn.united.com/>

Chinese Visa Applications

Beijing Exit & Entry Administration of the Public Security Bureau

No. 2, Andingmen Dong Dajie, Dongcheng District
Beijing
Tel: +86 0 10 8402 0101
北京市公安局出入境管理处
东城区安定门东大街2号
Mon - Sat, 08:30-16:30

Tianjin Municipal Public Security Bureau

Exit and Entry Administration Center

No. 19, Shou'an Jie, Hebei District, Tianjin
Tel: +86 22 2445 8825
天津市公安局出入境管理局
天津市河北区建国道泰安街19号
Mon - Thu, 09:00-11:30; 13:30-17:00
Fri, 09:00-11:30; 13:30-16:00

Hong Kong

The Commissioner's Office of China's Foreign Ministry in the Honk Kong SAR

7F, Lower Block, China Resources Building, No. 26, Harbor Road, Wanchai, Hong Kong SAR
Tel: +852 3413 2424
中华人民共和国外交部驻香港特别行政区特派员公署
香港湾仔区港湾道26号华润大厦低座7层
Mon - Fri (except HK public holidays), 09:00-12:00; 14:00-17:00

Embassies

Australia

No. 21, Dongzhimen Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 0 10 5139 4000
澳大利亚大使馆
北京市朝阳区三里屯东直门外大街21号
<http://www.china.embassy.gov.au/>

Italy

No. 2, Dong'er Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 0 10 6532 2187
意大利大使馆
北京市朝阳区三里屯东二街2号
<http://www.ambpechino.esteri.it>

Saudi Arabia

No. 1, Beixiao Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 0 10 6532 5325
沙特阿拉伯大使馆
北京市朝阳区三里屯北小街1号

South Korea

No. 20, Dongfang Dong Lu
Chaoyang District, Beijing
Tel: +86 0 10 8531 0700
韩国大使馆
北京市朝阳区东方东路20号
<http://china.koreanembassy.cn/>

Spain

No. 9, Sanlitun Lu, Chaoyang District
Beijing
Tel: +86 0 10 6532 3629
西班牙大使馆
北京市朝阳区三里屯东直门东大街9号
<http://www.embassyofspain.cn/>

Sweden

No. 3, Dongzhimen Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 0 10 6532 2504
瑞典大使馆
北京市朝阳区三里屯东直门外大街3号
<http://www.swedenabroad.com/>

United Kingdom

No. 11, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 0 10 5192 4000
英国大使馆
北京市朝阳区光华路11号
<http://ukinchina.fco.gov.uk/zh>

United States of America

No. 55, Anjia Lou Lu
Chaoyang District, Beijing
Tel: +86 0 10 6532 3831
美国大使馆
北京市朝阳区安家楼路55号
<http://chinese.usembassy-china.org.cn/>

Canada

No. 19, Dongzhimen Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 0 10 5140 4111
加拿大大使馆
北京市朝阳区三里屯东直门外大街19号
<http://www.canada.org.cn/>

Japan

No. 7, Ritan Lu, Jianguomen Wai
Chaoyang District, Beijing
Tel: +86 0 10 6532 2187
日本大使馆
北京市朝阳区建国门外日坛路7号
<http://www.cn-emb-japan.go.jp/>

Colombia

No. 34, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 0 10 6532 3377
哥伦比亚大使馆
北京市朝阳区光华路34号
<http://www.embcolch.org.cn/>

New Zealand

No. 1, Ritan Dong'er Jie
Jianguomen Wai, Chaoyang District
Beijing
Tel: +86 0 10 8532 7000
新西兰大使馆
北京市朝阳区建国门外日坛东二街1号
<http://www.nzembassy.com/>

France

No. 3, Dongsan Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 0 10 8532 8080
法国大使馆
北京市朝阳区三里屯东三街3号
<http://www.ambafrance-cn.org/>

Pakistan

No. 1, Dongzhimen Wai Dajie, Sanlitun
Chaoyang District, Beijing
Tel: +86 0 10 6532 2504
德国大使馆
北京市朝阳区三里屯东直门外大街1号

Germany

No. 17, Dongzhimen Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 0 10 8532 9000
德国大使馆
北京市朝阳区三里屯东直门外大街17号
<http://www.peking.diplo.de/>

Philippines

No. 23, Xiushui Bei Jie, Jianguomen Wai
Chaoyang District, Beijing
Tel: +86 0 10 6532 1872
菲律宾大使馆
北京市朝阳区建国门外秀水北街23号

Ireland

No. 3, Ritan Dong Jie
Chaoyang District, Beijing
Tel: +86 0 10 6532 2691
爱尔兰大使馆
北京市朝阳区日坛东路3号
<http://www.embassyofireland.cn/>

Russia

No. 4, Beizhong Jie, Dongzhimen
Chaoyang District, Beijing
Tel: +86 0 10 6532 1381
俄罗斯大使馆
北京市朝阳区东直门北中街4号
<http://www.russia.org.cn/chn/>

From Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	17:05	21:20	TG615	1234567
Dubai	23:30	04:50(+1)	EK307	1234567
Frankfurt	11:30	14:45	LH721	1234567
Hanoi	15:30	18:20	CZ4705	.23.567
Helsinki	11:40	14:25	AY052	1234567
Hong Kong	10:00	13:40	CX347	1234567
Istanbul	23:55	04:35(+1)	TK021	1.3.56.
London	12:10	15:20	BA0038	12345.7
Los Angeles	21:00	16:30	UA5455	12345.7
Moscow	11:50	15:10	SU572	1234567
Paris	13:40	17:40	AF125	1234567
San Francisco	13:40	09:03	UA888	123,567
	11:55	14:55	KE852	1234567
Seoul	13:50	16:50	KE856	1.3.5.7
	21:15	00:10(+1)	KE854	1234567
Singapore	08:45	15:15	SQ803	1234567
Tel Aviv	22:00	03:00(+1)	LY096	.2.4.7
Tokyo	08:25	12:50	JL780	1234567
Vancouver	15:50	10:30	CA991	1234567

To Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	10:10	15:50	TG614	1234567
Dubai	03:00	14:45	EK306	1234567
Frankfurt	17:15	09:30(+1)	LH720	1234567
Hanoi	10:05	14:30	NZ4908/CA178	.23.567
Helsinki	18:00	07:55(+1)	AY051	1234567
Hong Kong	17:00	20:15	CX312	1234567
Istanbul	23:45	15:00(+1)	TK020	.2.45.7
London	16:15	10:25(+1)	BA0039	1234.67
Los Angeles	00:40	05:30(+1)	UA5456	1234567
Moscow	21:30	09:50(+1)	SU571	1234567
Paris	18:55	11:45(+1)	AF126	1234567
San Francisco	10:58	15:40	UA889	1234567
	09:30	10:35	KE851	1234567
Seoul	11:35	12:40	KE855	1.3.5.7
	19:00	20:05	KE853	1234567
Singapore	08:42	14:50	SQ802	1234567
Tel Aviv	21:40	13:30(+1)	LY095	1.4..6.
Tokyo	10:40	14:00	JL781	1234567
Vancouver	12:50	16:30	CA992	1,234,567

From Tianjin

DEST	DEP	ARR	Flight No	Days
Hong Kong	8:35	11:50	KA1103	1234567
Seoul	13:10	15:55	KE806	1234567
Nagoya	13:05	16:50	JL788	1234567
Kuala Lumpur	15:50	22:15	D7 2613	1234567

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Hong Kong	12:50	15:55	KA1104	1234567
Seoul	09:30	10:20	KE805	1234567
Nagoya	09:40	11:55	JL787	1234567
Kuala Lumpur	08:30	14:35	D7 2612	1234567

* Flights from Beijing/Tianjin to Seoul, from Seoul to Beijing/Tianjin provided by Korean Air. Schedules are subject to government approval and may be changed without prior notice.

Airline Code

AC	Air Canada	EK	Emirates	LH	Lufthansa	SK	Scandinavian Airlines
AF	Air France	EY	Etiyah Airways	LY	El Al Airlines	SQ	Singapore Airlines
AY	Finnair	ET	Ethiopian Airlines	MS	Egypt Airlines	SU	Aeroflot Airlines
BA	British Airways	JL	Japan Airlines	NH	All Nippon Airways	TG	Thai Airways International
CA	Air China	KA	Dragon Air	NZ	Air New Zealand	TK	Turkish Airlines
CX	Cathay Pacific	KE	Korean Air	QF	Qantas Airways	UA	United Airlines
CZ	China Southern Airlines	KL	KLM-Royal Dutch Airlines	QR	Qatar Airways	UL	Sri Lanka Airlines
D7	Air Asia						

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

From Tianjin

DEST	DEP	ARR	Flight No	Days
Changsha	13:00	15:10	BK2811	1234567
Chengdu	13:00	15:30	8L9976	1234567
Chongqing	12:05	14:25	HU6238/PN6238	1.3.5.7
Dalian	11:00	11:45	GS7579/HU7579	1234567
Fuzhou	14:00	16:15	FM9285	123.56.
Guangzhou	13:30	16:20	HU7201	1234567
Guilin	14:25	18:55	MF8323	.2.45.7
Haikou	08:10	11:40	FM9295	1234567
Hangzhou	07:40	09:20	MF8377	1234567
Harbin	08:30	10:20	FM9287	123.56.
Huhhot	09:20	10:30	CA4717/SC4717	1234567
Kunming	13:00	17:30	8L9976	1234567
Nanjing	16:20	18:00	ZH9254	1234567
Qingdao	08:30	09:30	GS7575/HU7575	1234567
Sanya	17:20	21:00	FM9159	1234567
Shanghai	09:10	10:55	FM9134/MU8964	1234567
Shenyang	11:25	12:40	3U8861	1234567
Shenzhen	16:35	19:55	ZH9936	123.5.7
Taiyuan	11:30	12:30	GS7449/HU7449	1234567
Wuhan	16:05	17:50	MU2610	12345.7
Xiamen	14:30	17:05	MF855	1234567
Xi'na	08:10	09:55	GS7465/HU7465	1234567
Zhang Jia Jie	17:00	19:10	CA1012	1...5.
Zhengzhou	22:15	23:35	ZH8312	1234567

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Changsha	21:10	23:10	BK2812	1234567
Chengdu	09:45	12:10	8L9975	1234567
Chongqing	10:15	12:20	3U8863	1.3.45.7
Dalian	19:45	20:40	GS7580/HU7580	1234567
Fuzhou	09:00	13:20	MF8137	1234567
Guangzhou	17:20	20:10	HU7202	1234567
Guilin	19:45	23:45	MF8324	.2.45.7
Haikou	13:05	16:25	FM9296	1234567
Hangzhou	16:15	17:50	MF8378	1234567
Harbin	11:20	13:10	FM9288	123.56.
Huhhot	11:10	12:15	CA4718/SC4718	1234567
Kunming	07:45	12:10	8L9975	1234567
Nanjing	07:55	09:50	ZH9253	1234567
Qingdao	10:00	11:00	GS7576/HU7576	1234567
Sanya	22:05	01:20(+1)	FM9160	1234567
Shanghai	20:10	22:00	FM9133/MU8963	1234567
Shenyang	13:30	14:50	3U8862	1234567
Shenzhen	12:25	15:40	ZH9935	123.5.7
Taiyuan	15:45	16:45	GS7450/HU7450	1234567
Wuhan	13:35	15:20	MU2609	12345.7
Xiamen	13:45	16:15	MF856	1234567
Xi'na	16:10	17:50	GS7466/HU7466	1234567
Zhang Jia Jie	21:20	23:30	BK2814	.2...67
Zhengzhou	07:45	09:05	ZH8311	1234567

Airline Code

3U	Sichuan Airlines	FM	Shanghai Airlines	JD	Deer Air	PN	West Air
8L	Lucky Air	GS	Grand China	MF	Xiamen Airlines	SC	Shangdong Airlines
BK	Okay Airways	HO	Juneyao Airlines	MU	China Eastern Airlines	VD	Kunpeng Airlines
CA	Air China	HU	Hainan Airlines	NS	Northeast Airlines	ZH	Shenzhen Airlines
CZ	China Southern Airlines						

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

Tianjin - South Beijing			Bullet (C) Train		
Train	Depart	Arrive	Train	Depart	Arrive
C2002	06:25	06:55	C2032	11:35	12:05
C2202	06:40	07:15	C2034	12:00	12:30
C2004	06:55	07:25	C2036	12:25	12:55
C2006	07:10	07:40	C2038	13:15	13:45
C2008	07:30	08:00	C2040	13:25	13:55
C2010	07:40	08:10	C2208	13:35	14:10
C2204	08:05	08:40	C2042	13:50	14:20
C2012	08:20	08:50	C2044	14:00	14:30
C2014	08:35	09:05	C2046	14:20	14:50
C2272	08:51	09:25	C2048	14:45	15:15
C2016	09:20	09:50	C2050	15:05	15:35
C2018	09:30	10:00	C2052	15:20	15:50
C2020	09:55	10:25	C2054	15:30	16:00
C2022	10:05	10:35	C2056	15:45	16:15
C2024	10:25	10:55	C2058	15:55	16:25
C2026	10:35	11:05	C2210	16:15	16:50
C2206	10:50	11:25	C2060	16:30	17:00
C2028	11:00	11:30	C2062	16:40	17:10
C2030	11:15	11:45			

South Beijing - Tianjin			Bullet (C) Train		
Train	Depart	Arrive	Train	Depart	Arrive
C2001	06:35	07:05	C2031	11:50	12:20
C2201	06:45	07:20	C2033	12:00	12:30
C2003	06:55	07:25	C2035	12:15	12:45
C2271	07:20	07:50	C2037	13:00	13:30
C2005	07:30	08:00	C2039	13:15	13:45
C2007	07:45	08:15	C2041	13:40	14:10
C2009	08:00	08:30	C2043	14:00	14:30
C2203	08:10	08:45	C2045	14:10	14:40
C2011	08:45	09:15	C2047	14:45	15:15
C2013	08:55	09:25	C2049	14:55	15:25
C2015	09:15	09:45	C2207	15:05	15:40
C2017	09:30	10:00	C2051	15:20	15:50
C2019	09:40	10:10	C2053	15:30	16:00
C2021	09:50	10:20	C2055	15:40	16:10
C2205	10:10	10:45	C2057	15:55	16:25
C2023	10:25	10:55	C2059	16:20	16:50
C2025	10:55	11:25	C2061	16:30	17:00
C2027	11:30	12:00	C2209	16:40	17:15
C2029	11:40	12:10			

Tanggu - South Beijing			South Beijing - Tanggu		
Train	Depart	Arrive	Train	Depart	Arrive
C2272	08:29	09:25	C2271	07:20	08:14
C2274	12:14	13:10	C2273	10:45	11:39
C2276	13:44	14:40	C2275	12:35	13:29
C2278	18:14	19:10	C2277	16:55	17:49
C2280	19:59	20:55	C2279	18:50	19:44

Wuqing - South Beijing			South Beijing - Wuqing		
Train	Depart	Arrive	Train	Depart	Arrive
C2202	06:51	07:15	C2201	06:45	07:05
C2204	08:16	08:40	C2203	08:10	08:30
C2206	11:01	11:25	C2205	10:10	10:30
C2208	13:46	14:10	C2207	15:05	15:25
C2210	16:26	16:50	C2209	16:40	17:00
C2212	21:26	21:50	C2211	19:40	20:00

Beijing-Tianjin Bullet (C) Train Ticket Price:
 First class: 69CNY
 Second class: 58CNY

Beijing-Tanggu Bullet (C) Train Ticket Price:
 Luxury class: 118CNY
 First class: 84CNY
 Second class: 70CNY

Please call +86 22 6053 6053 for details.

Tianjin - Binhai				Light Rail
Monday - Friday		Saturday - Sunday		Zhong Shan Men
Periods of Time	Frequency	Periods of Time	Frequency	
06:00 - 07:00	15	06:00 - 07:00	15	(TJ - Binhai) ¥ 6
07:00 - 07:54	5 - 8	07:00 - 08:00	12	First: 06:30
07:54 - 11:00	10 - 12	08:00 - 10:55	8 - 10	Last: 21:00
11:00 - 15:58	15	10:55 - 15:17	12 - 15	
15:58 - 18:15	10 - 13	15:17 - 17:25	8 - 10	
18:15 - 21:00	15	17:25 - 21:00	12 - 15	

Binhai - Tianjin				Light Rail
Monday - Friday		Saturday - Sunday		Dong Hai Lu
Periods of Time	Frequency	Periods of Time	Frequency	
06:00 - 07:00	15	06:00 - 07:00	15	(Binhai - TJ) ¥ 6
07:00 - 08:17	8 - 10	07:00 - 10:50	10 - 12	First: 06:30
08:17 - 10:05	11 - 13	10:50 - 12:20	15	Last: 21:00
10:05 - 15:05	15	12:20 - 14:32	12	
15:05 - 17:02	10 - 12	14:32 - 17:40	8 - 10	
17:02 - 17:58	5 - 8	17:40 - 18:30	12 - 13	
17:58 - 18:30	10 - 12	18:30 - 21:00	15	
18:30 - 21:00	15	-	-	



Tianjin		Taxi																			
km	¥	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
¥	8	9.7	11.4	13.1	14.8	16.5	18.2	19.9	20.8	25	27.6	30.1	32.7	35.2	37.8	40.3	42.9	45.4			

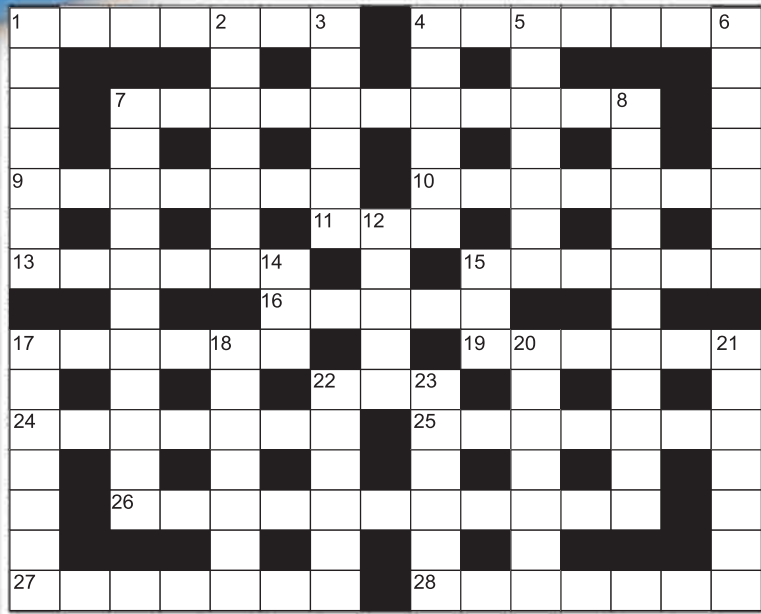
Airport Shuttle Bus

Tianjin - Beijing Airport Terminal 3

¥ 70 (one way)
 ☉ 04:00-18:00
 Runs every 45 minutes until 18:00
 📍 Tian Huan Distance Bus Passenger Station
 The junction of Hongqi Lu and Anshan Xi Dao
 天环客运站
 鞍山西道与红旗路交口
 ☎ +86 1686 8999

Beijing Airport Terminal 3 - Tianjin

☉ 07:00, 08:00, 09:00
 Then every 30 minutes until 23:00
 📍 Exit on the 1st floor at Gate 3, terminals 2 and 3
 ☎ +86 10 6455 8718



ACROSS

1. This manufacturing zone south of Shanghai city includes many joint ventures including Xerox and Braun Electric.
4. Nicknamed "Shanghai of the North", this city has one of China's best antique markets.
7. Guests think this inn is bloomin' marvelous (6,5).
9. This seafood's daughter must be called Pearl.
10. In 1853, Nanjing was captured by these rebels.
11. Hands up all those who put in long hours on a computer, don't take rest periods and have this painful condition as a result (abb.).
13. Inheritance.
15. Official assistant.
16. Bet you know the name of this Hong Kong neighbor.
17. Ancient Chinese computing device.
19. This Japanese woman aims to please.
22. Chuangwei.
24. Bookkeeper's watchdog.
25. Teach.
26. If you want to do this, The Shanghai Official Tourist Map, available at most tourist hotels, will be invaluable.
27. Rules out.
28. This Yu Garden Pavilion is next to the Tower of Lasting Clearness.
8. Not feeling well? This famous natural remedies store on Nanjing Xi Lu may be able to help (3,8).
12. This bar of silver, bearing a banker's mark, was once used as money in China.
14. Printers' measures.
15. According to the Chinese zodiac, 2006 will be the Year of this animal.
17. This hero of one of the Arabian Nights tales was, in most versions of the story, the son of a poor Chinese tailor.
18. Nervous. 20. Hard to pin down. 21. Warned.
22. Ogres. 23. Take out.

Please send your completed crossword to editor@tianjinplus.com. All participants with correct answers will be eligible for a prize from Tianjin Plus.

Solution of Feb issue Sudoku

4	6	5	9	8	7	2	1	3
7	1	9	6	2	3	4	8	5
3	8	2	4	1	5	7	6	9
8	3	4	5	7	1	6	9	2
6	5	1	8	9	2	3	7	4
9	2	7	3	6	4	1	5	8
5	7	6	2	3	9	8	4	1
1	4	3	7	5	8	9	2	6
2	9	8	1	4	6	5	3	7

DOWN

1. Note.
2. This international facility is not far from Shanghai's zoo.
3. Eccentric old man.
4. The capital of this South Pacific island is Papeete.
5. This American film star, who never once trod on Ginger's toes, said on retiring at the age of 71: "I don't want to be the oldest performer in captivity. ... I don't want to look like a little old man dancing out there."
6. Bouquet.
7. A research and breeding facility for these endangered animals is near Chengdu, Sichuan Province (5,6).



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HOTEL

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St. Patrick's Day Celebration

圣帕特里克节

Erin go Bragh! Ireland Forever! Celebrate St. Patrick's Day with a feast of traditional Irish set-menu, accompanied by a bottle of Guinness or Cider.

Date: March 17, 2010

Time: 18:00 - 01:00

Venue: JV's Bar

3月17日是纪念爱尔兰守护神圣帕特里克的节日，我们特别为您准备了传统的爱尔兰佳肴、纯酿及爱尔兰黑啤，让您心情舒畅地与我们共度这个特别的节日。

日期：2010年3月17日

时间：18:00 - 01:00

地点：JV's 酒吧

RMB **198** net per person

人民币 **198** 元净价每位

Starwood Privilege not applicable
喜达屋贵宾会员不享受折扣

For more information, please contact us at: +86 22 2731 3388 ext.1846

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